

# NON-TOXIC HOUSEHOLD CLEANERS

## Shop your Kitchen and Save\$

### Scouring Powder

05¢<sup>3</sup>

Mix 1 part baking soda with 3 parts pumice powder (found in hardware stores in the sandpaper area.) Apply with a wet sponge.

**Pumice: a spongy, light porous rock used for scouring, smoothing and polishing.**

### Squeaky Clean

02¢

#### Window Cleaner

Wash windows or glass with a mixture of equal parts of white vinegar and warm water. Dry with a soft cloth. Leaves windows and glass streakless.

Window washing Tip: Wash windows on a cloudy day to prevent the sun from drying and streaking your windows.

### Clear View

15¢

#### Scratch Remover

Dry Mustard and Vinegar. Mix 1 part dry mustard and 1 part white vinegar into a paste. Apply paste to the scratch. Polish with a soft cloth. Avoid eye contact; Dry mustard can be irritating to the eyes.

### Simple but True

#### Remove Water Stains

05¢

Make a paste of mayonnaise and wood ashes or cigarette ashes. Apply to water stain. Polish with a soft cloth.

Baking Soda

Soft Cloth

Sponge

Vinegar

Dry Mustard

Mayonnaise

Wood Ashes

Pumice Stone or Powder

### THINK ALTERNATIVES BEFORE YOU BUY!

Many common household cleaning products contain hazardous chemicals. When disposed of improperly (storm drain, sink or garbage) the chemicals can end up in our local water bodies or groundwater.

To protect our water quality keep both less-toxic and non-toxic products in mind when making your next grocery list.

Fortunately, less-toxic household products are becoming more available and most ingredients for non-toxic cleaners are already in our kitchen cabinets.

Though we now laugh at 12th century efforts to convert lead into gold, we remain attracted to the spirit of alchemy at heart. Whether it be seeds to flowers, or milk and sugar to cookies, we enjoy the satisfaction of transforming the ordinary into something fine and useful. And each time we save money by using a homemade product instead of a store bought one, we are making our own "gold" out of everyday "lead".

The alternatives offered here are the beginning of your collection of recipes, mixtures and formulas that can be found to turn the ordinary into something useful and non-toxic.

#### RESOURCES:

*Rodale's Book of Practical Formulas: Easy-to-Make, Easy-to-Use*

*Recipes for Hundreds of everyday activities and tasks.*

Paula Dreifus Bakule, Editor

Rodale Press, Emmaus, Pennsylvania 1991

*Guide to Hazardous Products Around the Home*

Household Hazardous Waste Project

417-889-5000

