

MONTHLY BUZZ

March 2025



MARCH COFFEEHOUSE

March, 24, 2025

Dinner & Dance: 5:30 - 8 pm | \$40

Dance Only: 6:30 - 8 pm | \$18

Douglas County Fairgrounds, Flory Building

Theme: Mardi Gras!

Menu: Herb roasted pork loin, white cheddar mac n' cheese, vegetable medley, and brownies for dessert.



MARCH SOCIAL BOWLING

March 8, 2025

Social Bowling & Pizza Party: 10:30 am - 12:30 pm | \$40

Social Bowling Only: 10:30 am - 12 pm | \$18

Royal Crest Lanes, 933 Iowa St.



Cooking and Nutrition

Tuesday, April 1 - May 6 | 6 - 8 pm



Come learn healthy eating habits, develop cooking skills, and become more independent in the kitchen! The primary focus of this course is to combine the science of nutrition and the art of cooking to create healthy foods and meals that satisfy hunger, the palate, the eye, and personal health/medical conditions. We will explore food, preparation, and techniques for the retention of nutrition, appearance, and flavor.

HARLEM GLOBETROTTERS

March 29, 2025 | 11 am - 5 pm | \$105

Bus will load at 10:30 am

The Globetrotters are the world's basketball team – touring over 400+ cities in 25+ countries. Each Globetrotters game features some of the best athletes on the planet, unmatched fan interaction, incredible ball handling wizardry, the famous HARLEM GLOBETROTTERS 4 POINTS® SHOT, rim-rattling dunks, and side-splitting comedy.

Fee covers admission, lunch, and PRC escorts



UNIFIED RECREATION REGISTRATION FORM

Please Print Legibly

Participants Name: _____

Primary Phone (Required): _____

Check to Enroll	Enroll Staff	Activity/Trip	Code	Fee	Enrollment Deadline
		March Coffeehouse & Dance Monday, 3/24 5:30 - 8 pm Flory Building	222200-A	\$40	2/15
		March Coffeehouse Dance Only Monday, 3/24 6:30 - 8 pm Flory Building	222201-A	\$18	2/15
		March Bowling & Pizza Party Saturday, 3/8 10:30 am - 12:30 pm	122300-C	\$40	2/15
		March Bowling Only Saturday, 3/8 10:30 am - 12 pm	122301-C	\$18	2/15
		Cooking and Nutrition Tuesday, 4/1 - 5/6	222810-A	\$60	2/15
		 Harlem Globetrotters Saturday, 3/29 11 am - 5 pm	727215-A	\$105	2/15


 This type of activity involves minimal physical exertion

 This activity requires average physical exertion

 This activity requires moderate physical exertion



MARCH CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Acting 6:30 - 8 pm Carnegie Bldg.	4 Canvas Creations 6 - 7:30 pm CB Art Room	5	6 Zumba 6:30 - 7:30 pm CB Room 1	7	8 Bowling 10:30 am - 12:30 pm Royal Crest Lanes
9	10 Acting 6:30 - 8 pm Carnegie Bldg.	11 Last Night of Canvas Creations 6 - 7:30 pm CB Art Room	12	13 Zumba 6:30 - 7:30 pm CB Room 1	14	15 *Registration Deadline for Activities and Trips
16	17 NO ACTING TONIGHT 	18	19	20 Zumba 6:30 - 7:30 pm CB Room 1	21	22
23	24 Coffeehouse 5:30 - 8 pm DG County Fairgrounds Flory Building	25	26	27 Zumba 6:30 - 7:30 pm CB Room 1	28	29 Harlem Globetrotters 11 am - 5 pm T-Mobile Center
30	31					