

February 24, 2025

Dinner & Dance: 5:30 - 8 pm | \$40 Dance Only: 6:30 - 8 pm | \$18

Douglas County Fairgrounds, Flory Building

Theme: Mardi Gras!

Menu: Chicken tenders, party potatoes, buttered corn, and King's Cake for dessert!



February 15, 2025

Social Bowling & Pizza Party: 10:30 am - 12:30 pm | \$40 Social Bowling Only: 10:30 am - 12 pm | \$18 Royal Crest Lanes, 933 Iowa St.

#### **Canvas Creations**

Tuesdays, 2/18 - 3/11 | 6 - 7:30 pm | \$34



Unleash your inner artist in our "Canvas Creations" Class! This welcoming and inspiring environment is perfect for painters of all levels, from beginners to

seasoned pros. In each session, you'll explore various painting techniques and styles, including acrylic, watercolor, and mixed media.

### **Mindful Movements**

Saturdays, 2/1 - 2/22 | 9:30 - 10:30 am | \$28

Mindful Movements is a gentle, Yoga class designed to bring a deeper awareness of the body through movement, breath, and mindfulness. This class encourages participants to connect with their body, and thoughts as they move, promoting relaxation, flexibility, and balance.



## BRANSON, MO 2025

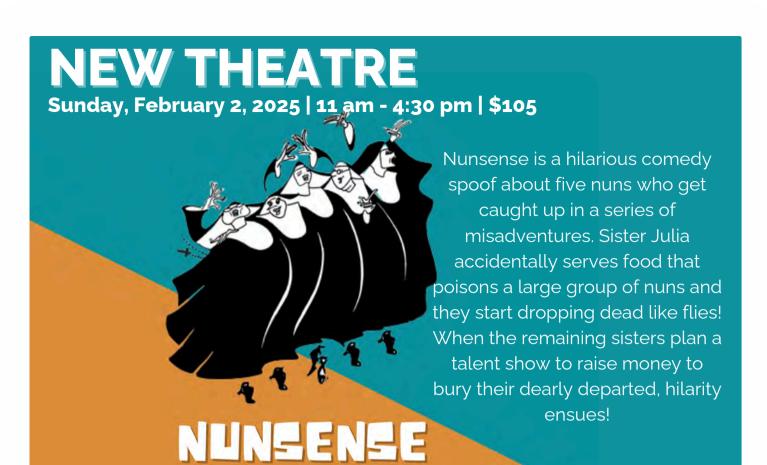
Wednesday, May 7 - Thursday, May 8, 2025



Join us for our first of two 2025 Branson Trips! We will explore the Aquarium at the Boardwalk, home to over 250 animal species and an immersive 5D submarine adventure. Enjoy dinner and a performance by SIX SHOW, the vocal band that creates a full orchestra using only their voices. Experience the natural beauty of **Dogwood Canyon Nature** Park and take a ride through the stunning Fantastic Caverns, one of the world's most breathtaking mineral caves! The trip includes hotel accommodations, transportation, meals, and LPRD escorts—all for one inclusive price. Don't miss out on this incredible journey!

For more information, please contact Justin Deaver at 785-832-7920 or jdeaver@lawrenceks.org





KC MAVERICKS
Saturday, February 22, 2025 | 3 - 10 pm | \$105

Come cheer on the KC Mavericks as they take on the Allen Americans!

Transportation, meal and LPRD escorts included in fee.

#### UNIFIED RECREATION REGISTRATION FORM

#### **Please Print Legibly**

Participants Name:		
Primary Phone (Require	d):	

Check to Enroll	Enroll Staff	Activity/Trip	Code	Fee	Enrollment Deadline
		February Coffeehouse & Dance Monday, 2/24   5:30 - 8 pm   Flory Building	122200-B	\$40	1/15
		<b>February Dance Only</b> Monday, 2/24   6:30 - 8 pm   Flory Building	122201-B	\$18	1/15
		February Bowling & Pizza Party Saturday, 2/15   10:30 am - 12:30 pm	122300-B	\$40	1/15
		<b>February Bowling Only</b> Saturday, 2/15   10:30 am - 12 pm	122301-B	\$18	1/15
		Canvas Creations Tuesday, 2/18 - 3/11   6 - 7:30 pm	122191-C	\$34	1/15
		Mindful Movements Saturday, 2/1 - 2/22   9:30 - 10:30 am	222207-A	\$28	1/15
		<b>New Theatre - Nunsense</b> Sunday, 2/2   11 am - 4:30 pm	727214-A	\$105	1/15
		KC Mavericks v. Allen Americans Saturday, 2/22   3 - 10 pm	727215-A	\$105	1/15
		<b>Branson, MO</b> Wednesday, 5/7 -Thursday 5/8	727216-A	\$675	3/15

This type of activity involves minimal physical exertion



This activity requires average physical exertion



This activity requires moderate physical exertion



#### **Payment Agreement for Trips**

Unified Recreation is proud to offer program agreements for overnight trips so that you do not have to spend a large sum of money at one time for one of these wonderful trips with your friends, With can break that large sum of money into monthly payments that must be paid off before the trip. For those interested in Overnight Program Agreements you should contact Justin Deaver at <a href="mailto:jbeaver@lawrenceks.org">Jbeaver@lawrenceks.org</a> or 785-832-7920 for details.

#### **Outstanding Balances**

If you have an outstanding balance with Lawrence Parks and Recreation Department (LPRD), this balance must be taken care of, before you will be allowed to enroll in current LPRD Activities and Trips. If you have any questions please reach out to Justin Deaver at <u>JDeaver@lawrenceks.org</u> or 785-832-7920

#### **Medical Form Reminder**

Have you turned in your 2025 Unified Recreation Medical Form and Activity Wavier? If you have not, please fill them out and return them as soon as possible. The medical form needs to be turned in before you can attend a Unified Recreation Trip out of town.



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						First Day of Mindful Moments 9:30 - 10:30 am ELC
2 NEW THEATRE 11 am - 4:30 pm	3 Acting 6:30 - 8 pm Carnegie Bldg.	4 Ceramic Adventures 6 - 7:30 pm CB Art Room	S	<b>6 Zumba</b> 6:30 - 7:30 pm CB Room 1	7	8 Mindful Moments 9:30 - 10:30 am ELC
	Acting 6:30 - 8 pm Carnegie Bldg.	Last Night of Ceramic Adventures 6 - 7:30 pm CB Art Room	12	<b>13 Zumba</b> 6:30 - 7:30 pm CB Room 1	41	Bowling 10:30 am - 12:30 pm Royal Crest Lanes Registration Deadline for Activities and Trips
	<b>17</b> Acting 6:30 - 8 pm Carnegie Bldg.	First Night of Canvas Creations 6 - 7:30 pm CB Art Room	19	<b>20 Zumba</b> 6:30 - 7:30 pm CB Room 1	21	Mindful Moments 9:30 - 10:30 am ELC KC MAVERICKS 3 - 10 pm
	Coffeehouse 5:30 - 8 pm DG County Fairgrounds Flory Building	<b>25</b> Canvas Creations 6 - 7:30 pm CB Art Room	56	<b>27 Zumba</b> 6:30 - 7:30 pm CB Room 1	58	