

# SPECIAL POPULATIONS

## Events & Activities Sept. 2021

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These programs require face coverings to be worn at all times and follow COVID-19 safety guidelines, including social distancing.



### BOWLING

**\$15** 422301 **DEADLINE: SEPT. 15**

3-5 p.m. Saturday, September 18  
Royal Crest Lanes, 933 Iowa St.

Roll your way to fun! Join us at Royal Crest Lanes for an afternoon of bowling! Please arrive by 3 p.m. so that all lanes can begin at the same time.

### ACTING

**\$40** 422401

Do you feel like you have acting skills built up inside you, just waiting to get out? Now is your time to shine! This class involves acting, public speaking, skits, plays and maybe a chance to be a star. Even if you don't want the spotlight on you, there is always a demand for "extras." Come join the fun and try something new!

6:30-8 p.m. Mondays, Sept. 20 - Dec. 20 | Community Building (Basement), 115 W. 11th St.

**DEADLINE:  
SEPT. 15**

### ART CLASSES

**\$40** 422191

Time to flex those creativity muscles! Join us for a variety of projects including jewelry, painting, holiday ornaments, etc.

6:30-7:30 p.m. Tuesdays, Sept. 21 - Nov. 9 | Community Building (Art Room), 115 W. 11th St.

**DEADLINE:  
SEPT. 15**

### ZUMBA

**\$35** 422400

Zumba is a lower impact, easy to follow, Latin-inspired dance fitness workout that keeps you in the groove of life. Zumba is fun, effective, simple and will give you an overall workout in a party-like exercise format. You don't have to know how to dance to do Zumba.

6:30-7:30 p.m. Thursdays, Sept. 23 - Nov. 11 | Community Building (Room 2), 115 W. 11th St.

**DEADLINE:  
SEPT. 15**

The Special Populations Division provides adapted and inclusive recreation services for individuals of all abilities. Each participant is encouraged to attain their highest level of independent functioning by increasing leisure awareness, introducing a variety of skills, and promoting active engagement in the community.

For more information, contact  
**Annette Deghand at**  
**(785) 832-7908 or**  
**[adeghand@lawrenceks.org](mailto:adeghand@lawrenceks.org)**

**Enroll online at [lprd.org/activity](https://lprd.org/activity)**



**City of Lawrence**  
PARKS AND RECREATION