



City of Lawrence
PARKS AND RECREATION

Fitness/Martial Arts Guidelines

What can I expect at the recreation centers?

- Masks must cover the nose and mouth, and are required to be worn at all times while inside LPRD facilities for individuals 2 years and older.
- Masks do not need to be worn in the following circumstances:
 - For individuals 2 years and younger
 - When temporarily consuming food or drink
- Bring your own water bottle
- We ask that you only arrive 5 minutes prior to the start of class.

Custodial staff will perform daily cleaning with increased frequency.

How have programs changed?

- Class sizes have been reduced and/or moved to larger rooms to increase physical distancing.

Facility updates:

- 1) Plexiglas desk guards has been installed at all of our locations
- 2) Hand sanitizer and wipes will be available in each room.
- 3) Standardized signage will be posted in all facilities.

What can I do?

- Continue with the precautions you are currently practicing to stay healthy.
- Bring your own water bottle.

These guidelines are subject to change.

Feel free to reach out to Jo Ellis, Recreation Programmer with any questions or concerns at 785.330.7358 jellis@lawrenceks.org

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