

"We Have Tomorrow — Bright Before Us, Like A Flame."

Langston Hughes

The Flame | September 2018

# BICYCLE THERE OR WALK THERE!

If your destination is within a mile think about walking or bicycling there! It makes for a nice way to get some exercise and skip the car. Operating a medium size car costs an average of \$8,171 per year, while bicycling only costs about \$120 a year and walking is free. Avoiding driving 10 miles every week eliminates 500 pounds of carbon dioxide emissions a year.

According to the US Surgeon General, physical activity like bicycling and walking does wonders for bones, muscles, reducing stress and depression, and maintaining a healthy body weight.

So the next time you need to go somewhere, think about walking or hopping on your bicycle. If you don't have a bicycle consider renting a bike share bicycle.



The City and VeoRide are expanding the bike share program in Lawrence. It is a fun, healthy, and simple way to travel without the fuss of owning your own bike. To get started you need to download the phone app - <a href="www.veoride.com/ku">www.veoride.com/ku</a>. Look on the app to locate available bikes and then scan the bike's QR code or enter its ID to unlock it. Then go for your ride. When you are done, park in any bike rack designated in the app. Push the slider on the lock to end your trip.

More bike information: www.lawrenceks.org/lprd/bike/



#### THE FASTEST WAY AROUND TOWN

#### FUN, HEALTHY, AND SIMPLE

Biking is a fun and speedy way to get where you<sup>'</sup>re going. VeoRide has premium bikes waiting for you that can be left at identified bike racks and parking areas with no fuss.

#### SIMPLE BIKE SHARE, SIMPLE PRICING

	Pricing	Rides
Pay As You Ride	50¢ every 15 minutes	
Monthly Pass	\$25.99	unlimited 30-min rides
Yearly Pass	\$99.99	unlimited 30-min rides
Day Pass	\$6.99	unlimited 2-hour rides

 $\triangleleft \lozenge$  Day pass rides are limited to 24 hour periods. Student pricing available.  $\lozenge \triangleright$ 

#### SIMPLE SAVINGS TOO

Ride a lucky bike to a lucky zone to get coupons.

Tap the lucky icon (on right) to find a lucky zone.



#### HOW TO RIDE



STEP I: FIND A RIDE

Use the VeoRide app to find an available bike near you and reserve it for up



STEP 2: SCAN TO UNLOCK Scan the bike's QR code or enter its ID to unlock it. Enjoy your ride!



STEP 3: LOCK IT, LEAVE IT
When you're done, park in
any area(s) designated in
the app. Push the slider or

#### LOCK CRIMINALS OUT

As summer draws to an end, the Lawrence Police Department wants to remind you to be sure and take the time to lock doors to your cars and homes in order to keep you and your valuables safe. As always, criminals look for easy access to property, and an unlocked garage or car door can be the perfect opportunity. Auto burglars are on the lookout for valuable items in plain sight, so always keep purses, electronic items, wallets or other valuables hidden if you leave them in your car. You can help protect your home and family by taking a few steps to lock criminals out; keep valuables out of plain sight, lock your car, lock the interior door between your garage and your home, and remember to close your garage door.





# Electronic Recycling Event – October 6

The City of Lawrence Solid Waste Division will host an electronic recycling event on Saturday, October 6th from 9:00 a.m. to 1:00 p.m. in the KU Park & Ride east parking lot, accessible from Clinton Parkway and Crestline Drive. Electronic recycling will be provided by Teknix Solutions.

#### Items **ACCEPTED** for recycling include:

- televisions & computer monitors\*
- · video and audio equipment
- household batteries
- computers & laptops
- printers, copiers, scanners, fax machines
- microwaves and other small appliances
- · cell phones and other handheld devices
- power cables & string lights
- VHS & cassette tapes
- · CDs & DVDs, and vinyl records

#### Items **NOT** accepted include:

- large appliances
- Freon containing items
  - refrigerators
  - · dehumidifiers & air conditioners
- · household hazardous waste
  - paint
  - pesticides
  - compressed gas cylinders
  - smoke & carbon monoxide detectors
  - fluorescent light bulbs

\*There is a \$20 recycling fee per CRT television & computer monitor 19" and under, and \$40 per CRT television & computer monitor 20" and over. There is no recycling fee for other electronic equipment. CASH ONLY.

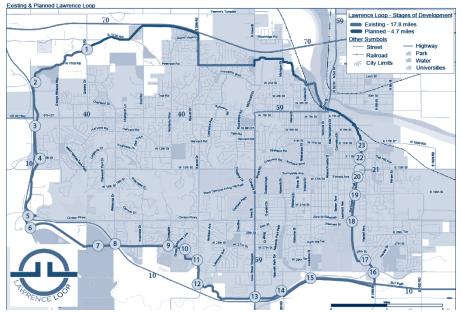
For information on how to dispose of large appliances and household hazardous waste, visit www.LawrenceRecycles.org

## LAWRENCE LOOP SIGNAGE

A public meeting was held in mid-July to discuss proposed signage and its placement along the Lawrence Loop. This included directional signage to help citizens access and navigate the trial, as well as spurs to neighborhoods and mileage markers that not only assist with individuals knowing distances travelled but also providing markers for locations in the event of an emergency.

The signage was partially funded through the LiveWell Community Wellness Grant the City was awarded in 2017 to assist with the development of the directional signage and the promotion of the Lawrence Loop.

Additional signage will be added in the future including distance to certain public places in town, as well as slope ratings.



The signage map and a detailed map of sign placement can be found on the Lawrence Loop page at: www.lawrenceks.org/loop/

### K-12 STUDENT FALL BUS PASS ON SALE NOW

The K-12 Student Fall Bus Pass will go on sale August 20. Students can access unlimited rides on any Lawrence Transit bus from September 1 until December 31 for only \$10.00.



This is the second year that the K-12 Student pass has been offered during the school year. The K-12 Student Bus Pass is a great way to get to and from school, go to after school activities and to get around Lawrence.

There are many options for purchasing a K-12 Student Fall Bus Pass. Beginning August 20, the bus passes will be available at a variety of locations in Lawrence.

- · Dillons stores
- · Hy-Vee stores
- The Merc
- City Hall
- · Community Building
- East Lawrence Rec Center
- · Holcom Rec Center
- · Sports Pavilion Lawrence
- Indoor Aquatic Center

For more information about how to ride the bus, visit www.lawrencetransit.org or call (785) 864-4644

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