

Moving? Call Ahead for Utility Service Requests

The month of July is peak season for the city's Utility Billing division. This is the time of year when the city sees a dramatic increase in transfers, disconnects and new service installs since many student leases take effect or terminate at the end of this month. Last year, the city received 11,295 calls for service in July and August. The use of online service requests reduced our call volume by 5,000 calls in 2016. The city can process 500 requests for service a day during peak season, however, with so many requests the calendar can fill up very fast! Visit our website at *www.lawrenceks.org/utility_billing*. We're here to help!

How to Access Your Utility Account & Request Service Changes



Go online. Your account information is available online anytime from any internet-enabled device. Go to www.lawrenceks.org/ utility_billing/ to register your account and get started.

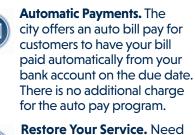


Manage your account. Manage your utility account from the convenience of

your home. Use our online forms to start, stop or transfer your service. Make sure to submit forms 3-to-5 days in advance.



Call Us. You can obtain and manage information about your account by calling (785) 832-7878. Have your account information handy.





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Pay Online. Pay your bill online anytime. The city uses an outside vendor that charges a convenience fee of \$3.25. Online payments take up to 3 business days to post to your account.

What about my carts?

Please do not take the city trash and recycling carts with you when you move. Carts belong to the address delivered.

City info available online at *lawrenceks.org* and on cable Channel 25. The FLAME is published by the City Manager's Office, 832-3400.

Pack It Up, Pass It On

When you move out, don't throw it out!



Planning a move? Whether you're moving during the peak move-out season in July and August, or later this year, plan ahead and reduce the amount of items you set at the curb for trash disposal. Keeping in mind reuse, recycling and reduction options through the packing process can keep usable items out of the landfill. Here are a few helpful tips:

REDUCE the amount of waste generated by using reusable or recyclable padding like towels or newspaper to pack your boxes instead of purchasing Styrofoam peanuts or plastic wrap.

DONATE gently used clothing and household goods to local charities or hold a moving sale. Donate non-perishable food to local food banks, pantries and shelters.

RECYCLE obsolete electronic equipment, cardboard boxes, newspaper, plastic bags and all other recyclable materials. Visit *www.LawrenceRecycles.org* for local options.

PROPERLY DISPOSE of paint, automotive products, household cleaners, pesticides and other potentially hazardous chemicals at the City of Lawrence/Douglas County Household Hazardous Waste Facility. Call (785) 832-3032 to schedule a drop-off appointment.

SCHEDULE A PICK-UP for bulky items no longer usable, such as couches, appliances and automobile tires by filling out the online form available at *www.lawrenceks.org/swm* or calling (785) 832-3032.





What are the top 5 contaminants found in recycling carts?



During the latest single-stream recycling composition audit at the Hamm Material Recovery Facility (MRF) we were educated about the Top 5 Contaminants or "No Items" that are making their way into Lawrence's blue recycling carts. Please do not place these items in recycling carts.

1. NO Plastic Bags. Plastic bags wrap around the sorting equipment and halt operations at the MRF. Plastic bags and plastic film can be recycled at many Lawrence grocery stores.

2. NO Small Items. Metal & plastic items that are 2 inches or smaller, such as pill bottles, bottle caps, and nails, do not make it through the sorting equipment at the MRF. These items can be collected over time and taken to the 12th & Haskell Recycle Center, which will accept smaller plastic and metal items for recycling.

3. NO Rope Items. String or rope like materials, such as garden hoses and metal or plastic wires, are not accepted. These materials wrap around the sorting equipment at the MRF and disrupt operations.

4. NO Nested Materials. Recyclable items should be placed loosely in the recycling cart and not bagged or boxed.

5. NO Sharps. Sharps, such as needles and syringes, are dangerous for City and MRF employees. These items should not be placed in the recycling cart and should instead be sealed in a puncture-proof container and thrown in the trash cart.

www.LawrenceRecycles.org

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Go for gold with LPRD!

The pomp and circumstance. The pageantry. The world coming together to celebrate humanity. It's the Games of the 31st Olympiad – otherwise known as the Olympics and they're coming this August. One of most popular events throughout the sixteen days of competition is gymnastics and with it brings an increase of youngsters wanting to "go for the gold" and try their hand at gymnastics.



Lawrence Parks & Recreation Department offers a wide array of gymnastics programming and sees an uptick in enrollments during the year the Olympics take place. Whether its tumbling classes for toddlers or team gymnastics for pre-to-early teens, parks and recreation provide a number of classes and programs to get kids familiar with apparatus used, while at the same time build common skills associated with becoming a gymnast. The youth taking part also learn other skills like increased self-esteem, independence, teamwork, dedication and character.

Parks and Recreation offers gymnastics classes at East Lawrence Recreation Center, 1245 E. 15th St., as well as Sports Pavilion Lawrence, 100 Rock Chalk Lane. East Lawrence Recreation Center offers preschool classes through beginning girls and boys for those 2 year-old and older. Sports Pavilion Lawrence (SPL) offers programs ranging from preschool levels up to competitive team gymnastics. With the higher levels of instruction, some classes at Sports Pavilion Lawrence are designed as ongoing programs with year-long enrollment with payments being made on a monthly basis. To find out what, when and where programs are offered, please visit: www. lprd.org/gymnastics.



Double Up Food Bucks

Douglas County & Lawrence launch program to help farmers & families

Double Up Food Bucks is a SNAP (food stamps) matching program providing dollar-for-dollar matching at area farmers markets. Double Up Food Bucks helps ensure that all members of our community can afford to eat healthy, locally grown foods.

For every dollar in SNAP benefits customers spend on locally grown foods at the farmers market, they receive a dollar-for-dollar match (up to \$25 a day) that can be spent on any produce items.

Two Lawrence farmers markets are participating, the Lawrence Farmers Market and the Cottin's Hardware Farmers Market:

Saturday Lawrence Farmers Market @ 824 New Hampshire St. April 9 - August 27, 7-11 a.m. & September 3 - November 19, 8 a.m. - Noon Tuesday Lawrence Farmers Market @ 707 Vermont St.

- Lawrence Public Library Outdoor Plaza
- May 3 October 25, 4-6 p.m.

Thursday Cottin's Hardware Market @1832 Massachusetts St. May 5 - September 29, 4 – 6:30 p.m.

More locations in Kansas City and eastern Kansas, including grocery stores in KC! Visit *www.doubleupheartland.org* for all locations and more information.

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Committed to providing excellent city services that enhance the quality of life for the Lawrence community