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## DCCCA's mission: Improving Lives

We provide social and community services that improve the safety, health, and well-being of those we serve.



DCCCA provides and coordinates services across Kansas and Oklahoma that impacts the health, safety, and well-being of those we serve. We work to improve lives by providing behavioral health treatment and prevention services; recruiting, training and supporting foster homes; and providing traffic safety education and resources. DCCCA also cooperates with local, state, and national programs and associations to provide education, service, and resources when needed.

#### We value:

• Providing education and services based on research and a dedicated commitment to *Improving Lives*.

• The people and communities we serve by respecting their experiences and treating them with dignity.

• Encouraging leadership by challenging existing conditions and finding innovative ways to grow and learn.

• Delivering high quality services every day and holding ourselves accountable for our outcomes.





Hays Lawrence Pittsburg Pratt Topeka Wichita Winfield



Hays: DCCCA Hays
Lawrence: DCCCA; Lawrence Outpatient; First Step at Lake View
Pittsburg: Elm Acres Recovery Services
Pratt: DCCCA Pratt
Topeka: Kansas Traffic Safety Resource Office
Wichita: Options Adult Services; Women's Recovery Center
Winfield: DCCCA Winfield

## Oklahoma



# **Board of Directors**



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# Organization

DCCCA, Inc. (DCCCA) was organized in Kansas in 1974 as a nonprofit corporation. DCCCA provides social and community services to improve the health, safety, and well-being of those served. DCCCA coordinates programs across Kansas, Missouri, and Oklahoma to provide behavioral health prevention and treatment services; recruitment of foster homes; foster home training and support; and traffic safety education, resources, research, and analysis. DCCCA cooperates with local, state, and national programs and associations to provide education, research, services and resources.



# **Behavioral Health**

DCCCA has provided behavioral health treatment in Kansas since 1974. In 2019, DCCCA's substance use disorder treatment programs served **3,200 individuals**, which represents a **10% increase** from the previous year. **99 children** served in the women's child care programs. This number includes children whose families in Lawrence need access to low cost child care.

120 individuals received outpatient mental health services. 275 people were admitted to social detox, representing a 32% increase from the prior year. System wide, 77% of clients completed social detox and were admitted to ongoing treatment, while 69% of clients successfully completed residential treatment. To better serve our clients, DCCCA successfully decreased the wait time between the assessment and first treatment activity by 23%. DCCCA expanded community-based services by 24% in our three outpatient sites, including a 110% increase in intensive outpatient treatment.

DCCCA's community collaboration initiatives focused on integrated, partnership driven interventions (primary medical care, intensive care coordination, psychiatric care, jail diversion, and criminal justice recidivism reduction) and data sharing to improve overall health outcomes. DCCCA's peer support service continued in Douglas County, including adding Heartland Community Health Clinic as a partner. DCCCA received **190** referrals from Lawrence Memorial Hospital for the peer-led social detox initative. **73%** of those individuals admitted to social detox and **72%** of those completed that service.





# Child Placing Agency

child family placement happiness Foster Care support healing trauma home hope

CPA Specialists recruit, train, and provide ongoing support for foster families across Kansas, Missouri and Oklahoma. The specialists support foster families through all stages of their placement — 24 hours a day, 7 days a week.

**DCCCA has provided child placing services since 2002**, and **child welfare services since 1997**. DCCCA has recruited, trained and supported more than **565 foster families** in the past year and served over **2,130 children** (an additional 230 children than in the previous year). DCCCA works with the Department for Children and Families (Kansas), the Department of Human Services (Oklahoma), and the Department of Social Services (Missouri) to recruit, train, and support foster families across Kansas, Oklahoma, and Missouri.



DCCCA responds to child welfare system needs by continually enhancing, changing, and adding programs to assist with the demands of the system. In addition, DCCCA works to prevent children from coming to foster care by providing short-term respite services to children on the Serious Emotional Disturbance (SED) waiver.

Improving Lives



Prevention Services design and develop in-person and virtual learning modules and training resources addressing technical needs of collaborative community prevention efforts and are used for substance abuse, mental health, suicide, and problem gambling. Working with the Partnerships for Success programs in Kansas and Oklahoma, DCCCA addresses the issues of both prescription drug misuse and abuse with prevention and education.

DCCCA's prevention initiatives span multiple funding streams in two states. In Kansas, we have two primary projects; a statewide training and technical assistance project and a statewide prescription drug misuse prevention project. Our training and technical assistance project provides support to coalitions in Kansas addressing substance abuse prevention, mental health promotion, suicide prevention, and problem gambling prevention. We provide virtual and in-person learning opportunities to build prevention capacity across the state.

Within our Kansas prescription drug prevention work, we provide direct funding to two community coalitions to address prescription drug misuse within our target age group. We provide oversight and compliance monitoring to ensure grant outcomes are met. We also coordinate the Kansas Prescription Drug and Opioid Advisory Committee and organize activities to promote the safe use, storage, and disposal of prescription medication. This includes coordination with pharmacies, law enforcement, physicians, and other community partners to address prescription drug misuse and abuse.

In Oklahoma, we have three projects addressing different aspects of prescription drug misuse prevention and education. Each project focuses on a different aspect of addressing the prescription drug and opioid epidemic: community-based planning and implementation of evidence-based prevention strategies; medical availability of prescription drugs including prescriber policies, prescriber policy enforcement, advocating for prescribers to utilize the Oklahoma opioid prescribing guidelines and use of the prescription monitoring program; and a focus on extending the promotion of Naloxone administration, referral to treatment services and medication assisted treatment with tasks centering on health education, promotion, and community consultation.

# Research and Analysis

Using various metrics and benchmarks to measure success and effectiveness, DCCCA determines appropriate and measurable outcomes to improve the quality of the services provided. The Research and Analysis team also assists in data analysis for outside local, state, and government agencies. In addition, DCCCA performs and monitors direct observation passenger safety surveys to identify vulnerable populations and areas in the state so they can be provided more education and resources.

DCCCA's remaining programs serve our mission to improve our clients' quality of life and ensure their safety and well-being. Each and every one of DCCCA's programs has a commitment to their clients to provide the best service possible.



Additional information can be found at www.DCCCA.org.

# **Traffic Safety**

DCCCA maintains a partnership with the Kansas Department of Transportation to provide education and safety resources through the Kansas Traffic Safety Resource Office contract. KTSRO works with KDOT, Kansas Highway Patrol, law enforcement agencies, the Kansas Drivers Safety Education Association, Kansas Safe Kids coalitions and community sources. Together with its partners, KTSRO aims to improve driving behaviors for novice and older drivers, increase seatbelt use including child passenger safety, prevent distracted and impaired driving, underage drinking and raise motorcycle safety awareness.

## KANSAS Traffic Safety Resource office

DCCCA also operates SAFE (Seatbelts Are For Everyone), a teen run, peer-to-peer program in Kansas, Missouri, and Oklahoma. This program is designed to reduce the number of motor vehicle-related injuries and fatalities among teens and is a proven countermeasure that works to change behavior. Additional grant funding for underage drinking projects and youth programming is also received.







# Training and Professional Development

#### **Professional Development Pilot**

The Professional Development pilot program kicked off in the spring of 2019. We had six supervisor/ employee teams agree to participate within various departments. The focus of the pilot is to place an emphasis on professional growth and development to ensure that staff are engaged in their work and have the opportunity to develop new skill sets.

#### Trauma-Informed Systems of Care

Participants

Venezza Lord LEON | TOC Seen Facture WIU Center for Public Health Initiative Terms Breads, LIKOW, MSCO | Director WILL MaRVCT Center

TRAUMA-INFORME

## Trainings Offered

# First Aid/CPR46Mental Health First Aid44Ethics28Managing Intergenerational Communication27DSM (Diagnostic and Statistic Manual of Mental Disorders)36Trauma Informed Care127

## **Strategic Planning**

#### **Douglas County Prevention**

#### **Assessment and Capacity Building**

- -Development of DG Co. Prevention Coalition -Med Safe containers
- -24 Community Readiness Interviews
- -14 Youth Focus Groups
- -Data collection

#### **Pharmacy Initiative**

- Deterra Bags
- -Medication disposal resources at five new sites in the county

#### **Behavioral Health Prevention Summit**

- —226 registered attendees
- -Alcohol, Vaping, Marijuana, Prescription Drugs and Opioids, Suicide prevention



#### **Maternal Infant Early Childhood Home Visiting Initiative**

• Facilitated strategic planning efforts for the Southeast Kansas, Wyandotte, and Statewide Leadership teams. These teams work under a federal initiative to improve the health and development outcomes for at-risk children through evidence-based, voluntary home visiting programs provided to pregnant women and children birth to age 5.

 Began administration of kshomevisiting.org website to provide current information about home visiting initiatives in the state.



## Leadership Development

#### **DCCCA Collaborate**

Six collaborate sessions were offered highlighting the Kansas Leadership Center leadership principles and competencies. 74 employees participated in the trainings in Lawrence, Wichita, Oklahoma City and Tulsa.

#### **DCCCA LEAD**

19 staff members completed a six-month training with the Kansas Leadership Center. We are excited to push KLC ideas deeper into our agency and with those we serve.



By the end of FY19, 50 DCCCA employees will have completed their leadership certification through Your Leadership Edge online. This is a selfpaced program that walks users through the 24 leadership competencies.

#### **KLC Coach Intensive**

Two staff completed the KLC Coach Intensive. This training provided them with the foundations of leadership coaching and will allow them to share their newfound skill set with DCCCA staff. We also began to engage DCCCA Coordinators and Directors in foundational coaching skills. This training was offered by KLC and was tailored to the unique aspects of our organization.

#### **Strategic Change Teams**

Four strategic change teams continued to engage staff at all levels of the agency to develop strategies to promote an inclusive culture of innovation at DCCCA.

 Training and Professional Development
 Staff Retention

 Strategic Change Internal and External Marketing (SCIEM Team)
 Trauma Informed Care

# Oklahoma Prevention

Provided services under four contracts: Partnerships for Success, State Targeted Response to Opioids, State Opioid Response and Strategic Prevention Framework – Rx

MedSafe receptacle placed with new pharmacy partner to promote safe disposal.
Distributions of 703 Deterra bags through community events and pharmacy initiative.
Webinar development and delivery to more than 100 participants on the importance of co-prescribing Naloxone in collaboration with the Oklahoma Pharmacist Association and the Oklahoma Academy of Family Physicians.
Sponsored education sessions with CME for physicians at the Oklahoma Academy of Family Physicians annual conference.

- Session 1: Pain Management and Opioids: Balance Risks and Benefits
- Session 2: The "How To's" of Prescribing Buprenorphine in Your Practice
  - Naloxone trainings to community partners training 643 individuals.
     Promoted Naloxone and access to free Naloxone in a county-wide bus-bench campaign.
     Partnered with local groups and organizations to provide opioid overdose prevention information to over 1,900 individuals.





of the more than 3,500 unintentional power leaths in Oklahoma, 74% involved at least prescription drug. SUPA is fighting aga Oklahoma's fastest growing drug proble *Prescription Drugs*.



## Behavioral Health Training and Technical Assistance

- Coalition Building and Collaborative Sustainability Workshops
- 48 in attendance
- Prevention Advocacy Day at Statehouse
- Youth Engagement four-part webinar series

• Collaboration with Kansas Leadership Center to provide five workshops focused on integrating leadership competencies into coalition work

• Staff completed Substance Abuse Prevention Skills Training of Trainers, Prevention Ethics Training of Trainers, and Technology of Participation training

• Staff documented over 1,500 prevention contacts across the state

• The total number of views for our online materials:

o Modules: 1,200 o Spanish Modules: 66 o Toolkits: 872 o Webinar views: 489



#### **Kansas Partnerships for Success**

- Nearly 400 attended our second annual Kansas Opioid Conference
- We provided medication disposal resources to partners in 59 counties in Kansas









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