

City of Lawrence Outside Agency Annual Report For Calendar Year 2017

Reports on activity should be submitted electronically to Danielle Buschkoetter, at dbuschkoetter@lawrenceks.org by Thursday, February 15th 2018 at 5:00pm. For the following questions please refer back to your [2017 application for funding](#).

Reporting Period: Calendar Year 2017

Agency Name: DCCCA – Lawrence Outpatient Services

1. Refer to the program in which your agency received funding; provide a participant success story that helps demonstrate the accomplishments of the program.

"Jessie" started treatment with Lawrence Outpatient on March 15, 2017 after successfully completing residential treatment in Wichita. When she first presented for treatment, she was not in school, unemployed, and living dependently with her mother. She reported a history of having difficult relationships with family members and significant others. She worked very hard to learn to communicate effectively with family members and significant others during treatment, including learning to be assertive and stand up for herself. As a result of her hard work in treatment, she was able to return to school, resume full time employment and move into her own apartment, living independently for the first time in at least a year. Furthermore, she was able to find joy in activities that didn't involve drinking alcohol including running, yoga, cooking, and spending quality time with her son. She has continued to attend Alcoholics Anonymous meetings after her discharge. Jessie expressed feeling as though she gained a lot from her substance abuse treatment.

2. Refer to your 2017 application for funding; provide a brief narrative of the activities funded with City funds.

Lawrence Outpatient services provided substance use disorder screening, assessment, outpatient, intensive outpatient, and community based support services to adults and adolescents in 2017. Almost 40% of the adults served were uninsured. Detail about the types of services offered reflects:

- 355 individuals completed screening and assessment to determine treatment necessity and appropriate service level.
- 148 participated in Alcohol Drug Information School, an eight hour educational program for individuals needing additional information to prevent future treatment.
- 275 attended outpatient treatment, including individual and group therapies.
- 105 required our more intensive level of care, Intensive Outpatient Treatment, comprised of three hours of group, three days weekly.

Adults engaged in either outpatient or intensive outpatient treatment also benefited from extensive care coordination, engagement with persons with prior lived experience and now in recovery, and involvement in community based support groups.

3. Refer to your 2017 application for funding; provide specific detail (use supportive documents, if needed) to demonstrate what progress was made toward your proposed outcomes.

The following outcomes were identified in the 2017 funding application. Annualized results are offered along with detailed analysis of progress and barriers to achieving those outcomes. Data was gathered from DCCCA's electronic medical record, client satisfaction surveys, and funder data reports.

Outcome	Target	Actual
DCCCA-LOP will provide screening, assessment and treatment services.	600	552
Clients will report a decrease in substance use at program completion.	90%	91%
Adults will have safe, supportive living conditions.	90%	77%
Adults will be employed.	80%	56.6%
Clients will successfully complete treatment.	55%	43%

Lawrence Outpatient experienced an extended episode of clinical staff vacancies, impacting the total number of people who could be served. The location became fully staff during the summer, and near the end of the year, added an additional full time therapist to address referral growth.

The profile of individuals involved in treatment continues to reflect the complex needs of individuals with substance use disorders. A growing number of our clients are precariously housed, meaning they do not live independently or dependently on a permanent basis. Rather, these clients live at Lawrence Community Shelter, Willow Domestic Violence Center, or are transient among friends and family. Access to the limited low income housing options is exacerbated by personal barriers experienced by many in treatment. These barriers include criminal and poor credit histories that make them ineligible for many housing options. Another trend Lawrence Outpatient experienced in 2017 is a larger percentage of clients on disability for chronic physical or behavioral health illnesses. Many are unable to work, thus impacting the stated employment outcome.

Client retention in treatment was challenging during 2017, however treatment completion remained the most prevalent reason for services ending. A larger percentage than prior years were referred to higher levels of care when it became evident that outpatient services were not sufficient to meet participant needs. Strategies to keep clients engaged who would otherwise stop attending treatment include regular individual therapy to maintain the therapist/client relationship, reminder calls prior to each appointment, and problem-solving transportation barriers. Recently, Lawrence Outpatient added morning treatment groups specifically for individuals who rely on the bus system for transportation. The last bus picks up passengers at 7:00p.m., and hour prior to the end of evening groups.

4. Refer to the line-item budget provided in your 2017 application for funding; is this accurate to how your allocation was actually spent? If no, what changed and why?

The 2017 allocation was used in full to support designated personnel costs. The Peer Support Specialist was vacant for a period of time, however other staff positions were reallocated to perform similar functions, ensuring continuity of treatment services.