

City of Lawrence Outside Agency Bi-annual Report 2016

Reports on activity should be submitted electronically to Danielle Buschkoetter, at dbuschkoetter@lawrenceks.org. Reports on activities from January 2016 to June 2016 are due on July 15th 2016. Cumulative reports on activities from January 2016 through December 2016 are due on February 15th 2017.

Agency Name: DCCCA – First Step at Lake View

Reporting Period (please check one): ☐ January - June (deadline July 15) ☒ January – December (deadline February 15)

1. Give a brief narrative of the activities that were funded with City funds over the reporting period checked above.

Activities funded by the City Alcohol Tax fund were performed in the context of substance abuse treatment for women and their children: non-medical social detox; intensive residential treatment with 25 day average length of stay; intensive outpatient treatment with supportive housing with 40 day average length of stay; and outpatient continuing care. Services in these levels of care include individual and group therapy, structured skill building and education classes, Twelve Step community based support groups, parent education and support, and licensed child care for children living with their mothers. DCCCA's holistic approach to recovery incorporated coordinated service delivery with Heartland Community Health Clinic for primary medical care; Bert Nash Mental Health Center for psychiatric evaluation; The Willow Domestic Violence Center and The Sexual Trauma and Abuse Center; Lawrence Douglas County Housing Authority; and Lawrence Douglas County Health Department.

New in 2016 was involvement of an Americorp volunteer. The volunteer's role was to expand access to employment and safe housing.

2. Provide specific detail (and supportive documents, if needed) to demonstrate progress made toward your goals/objectives.

The following data was gathered from DCCCA's electronic client record and reporting system, as well as the state's Kansas Client Placement Criteria reporting system.

Goal	Target	Actual
Number of women served	400	437
Number of children served	50	27
% of women reporting a decrease in substance use at treatment completion	90	92
% of women and children in safe housing at treatment completion	80	95
% of women employed at treatment completion	75	45
% of women completing treatment	50	60

3. How have you impacted the citizens of Lawrence?

In the 2016 calendar year, First Step at Lakeview assisted 437 women whose addiction to alcohol and other drugs negatively impacted their ability to live productive lives. First Step's holistic treatment services gave these women access to safe housing, gainful employment or education, ongoing medical and

behavioral health care, and long term community based recovery supports. Their children were offered opportunities to thrive with healthier parents and their own access to community education and supports. Our clients' treatment experience reduced their risk of ongoing and costly medical, criminal justice and child welfare expenses, while at the same time, helping them become productive members of our community.

4. What barriers, if any, have you encountered?

Adequate funding continues to be a major barrier for First Step at Lake View treatment services. Over 50% of those we serve meet federal criteria for poverty, are unemployed, and uninsured or underinsured. The treatment need for this population continues to exceed the state and federal funding to serve them. Reimbursement rates included in this government funding have remained static for several years even though the cost of care continues to rise. First Step absorbs costs for necessary interventions such as primary medical and psychiatric care, as well as prescription medications.

Employment and affordable housing also continue as significant barriers to the women we serve. Many of our clients have criminal justice histories, making it challenging to work that helps them be financially self-sufficient. The low paying, service industry jobs our clients can attain rarely covers the rental cost for even the most basic apartment, and low income housing has extensive waiting lists.

5. Review the line-item budget you provided in your application. How much of your allocation has been spent?

One hundred percent of the City of Lawrence funding was expended by December 31, 2016.