



City of Lawrence

2013 Social Service Funding Application - Special Alcohol Funds

Applications for 2013 funding must be complete and submitted electronically to the City Manager's Office at ctoomay@lawrenceks.org by 5:00 pm on Friday, May 4, 2012.

General Information: Each year, the City Commission considers requests for the allocation of dollars to a number of agencies that provide services benefiting the Lawrence community. These funds are to be used pursuant to the goals of the City Commission, which can be found below:

- **ECONOMIC DEVELOPMENT:** Promoting the economic development of Lawrence to provide varied work and business opportunities.
- **PLANNED GROWTH:** Encouraging growth that protects our environment, neighborhoods, and cultural features while benefiting all of our citizens.
- **COMMUNITY BUILDING:** Creating social capital and celebrating our heritage.
- **ENVIRONMENT ISSUES:** Integrating the environment into our decisions as we work towards a sustainable city.
- **NEIGHBORHOOD QUALITY:** Improving the livability of all Lawrence neighborhoods.
- **TRANSPORTATION:** Improving access for all citizens.
- **DOWNTOWN DEVELOPMENT:** Enhance the vitality of downtown while maintaining it as a unique community treasure.
- **SERVICE DELIVERY:** Provide excellent city services consistent with resources available.

Applications will be reviewed by the Social Service Funding Advisory Board at meetings held from 2:00 to 6:00 p.m. on May 16 and May 23. Applicants are asked to make a contact person available by phone in case questions arise. Following their review, the Advisory Board will forward recommendations for funding to the City Commission.

Recommendations will be based upon the following criteria:

- availability of city funds
- the need demonstrated through the agency's application
- the stated objectives of the applicant's program
- alignment of the program with the City Commission Goals
- the efforts to collaborate and avoid duplication of service demonstrated through the application
- outcomes that move program participants from total dependency toward measurable levels of independence
- ability to measure progress toward the program objectives and the City Commission Goals
- past performance by the agency in adhering to funding guidelines (as appropriate)

The final decision regarding funding will be made by the City Commission when they adopt the Annual Operating and Capital Improvement Budget in August.

Special Alcohol Tax Information. Below are descriptions of descriptions of the categories of programs that may be funded with Special Alcohol Tax. An organization may apply in as many categories as it chooses.

Prevention. Activities related to prevention are described below.

- *Universal Prevention:* A universal prevention strategy is one that is desirable for all members of a given population. The goal of the universal prevention is to deter the onset of substance abuse by providing all individuals with information and skills needed to prevent the problem.
- *Selective Prevention:* Selective prevention strategies target subgroups that are believed to be at greater risk than others. Risk groups may be identified on the basis of biological, psychological, social or environment risk factors known to be associated with substance abuse.

- *Indicated Prevention:* The purpose of indicated prevention is to identify individuals who exhibit early signs of substance abuse and associated behavior and to target them with special programs. In the field of substance abuse, an example of an indicated prevention strategy might be for high school students who experience truancy, failing grades and depression.

Treatment & Recovery. Treatment and recovery related activities are described below:

- *Assessment/Evaluations:* Assessment and Evaluation is the process of identifying the extent of a substance abuse problem through the process of background assessments and interviews. The assessment and evaluation stage allows a clinician to make an appropriate diagnosis and treatment placement.
- *Therapy:* This section of the continuum includes inpatient, outpatient or educational processes to assist the client in addressing substance abuse issues.
- *Aftercare:* Aftercare includes efforts to reintegrate clients into a normal living situation and support a substance free existence. Aftercare may also include on-going therapy with clinical, family support and self-help programs.

Intervention. Activities related to intervention include initial assessment of individuals who have problems with substances and making appropriate referrals. Intervention also includes efforts to interrupt the use of substances in order to connect the client with proper treatment resources.

Coordination. Comprehensive and coordinated efforts provide multiple benefits when communities address alcohol and other drug problems. A community-wide approach is effective because:

- 1) It affects the entire social environment, which allows communities to have strategic approach to addressing norms, values, and policies as well as changing conditions that place children at risk.
- 2) It develops broad base of support and teamwork which allows all agencies involved to fully understand their contribution to the overall single strategy to address issues.
- 3) It brings results that are long lasting by integrating programs, services, and activities through existing organizations and extends the influence of all programs.

Other. Programs, policies or practices deemed appropriate according to Charter Ordinance 33.

Other Information. Collaboration and/or coordination between organizations is highly recommended and multi-agency proposals to address an identified community problem are encouraged. Programs should have research based effective strategies or “promising approaches.” All programs must have goals with measurable outcomes.

PLEASE NOTE THAT FUNDS WILL BE DISBURSED ACCORDING TO THE FOLLOWING SCHEDULE UNLESS OTHERWISE AGREED TO IN WRITING:

- **FIRST HALF OF FUNDS WILL NOT BE DISBURSED BEFORE APRIL 1**
- **SECOND HALF OF FUNDS WILL NOT BE DISBURSED BEFORE OCTOBER 1**

The budget picture from the Kansas Legislature creates uncertainty as to the status of the local portion of the alcohol liquor tax. If the Legislature decides to eliminate or reduce the local portion of this tax, it will impact the City’s ability to fund programs. The City of Lawrence is proceeding with the Request for Proposal process and accepting applications for the alcohol tax revenues, with the understanding that funding levels, if any, are unknown and potentially subject to reductions by the State Legislature.

Questions? Contact Casey Toomay, Budget Manager at ctoomay@ci.lawrence.ks.us or 785.832.3409.



2013 SOCIAL SERVICE FUNDING APPLICATION – SPECIAL ALCOHOL

SECTION 1. APPLICANT INFORMATION

Legal Name of Agency: Boys & Girls Club of Lawrence

Name of Program for Which Funding is Requested: After School/Out of School Program

Primary Contact Information (must be available by phone 5/16 and 5/23 from 2 p.m. to 6 p.m.)

Contact Name and Title: Colby Wilson, Executive Director

Address: 1520 Haskell Ave., Lawrence KS 66044

Telephone: (785) 424-5211 Fax: (785) 841-3911

Email: cwilson@bgclk.org

SECTION 2. REQUEST INFORMATION

The criteria for each application questions are explained below.

A. Amount of funds requested from the City for calendar year 2013.

Program should fit within one of the established categories.

Prevention	\$106,278	Intervention	\$	Other	\$
Treatment	\$	Coordination	\$		

B. Provide a brief description of the program. Summary of program should be clear and concise. Is Program related to one or more of the City Commission Goals? Is program based on proven effective strategies or “promising approaches?” Description should address how program is designed to have long-term effects on a person’s decisions about alcohol and other drug use. When appropriate, program design takes into account the person’s family and/or community.

The Boys & Girls of Lawrence Club is the premier youth development agency in the city of Lawrence. Boys & Girls Club provides safe, affordable after school and out-of-school programs to low-income children ages 5-15. Over 3,000 young boys and girls find refuge at the Club every year and participate in positive and constructive activities in programs such as; education and career development, character and leadership skill development, sports, fitness and recreation, health and life skills, substance abuse prevention, and service learning programs.

Boys & Girls Club has seen significant growth over the last decade. In 2000 the Club operated one free standing site and one school site and served an average of 100 youth. Today the Boys & Girls Club of Lawrence operates two free standing clubs and collaborates with the school district to provide services at 10 other locations throughout the community. The Boys & Girls Club of East Heights, located in the old East Height Elementary building, serves kindergarten through sixth grade youth. The Teen Center, located at the main facility (1520 Haskell), serves over 70 youth and offers a safe and fun environment for teens to spend out-of-school hours.

Boys & Girls Club charges a minimal fee for its services. At a majority of the sites, full price is \$20 per child per week. Scholarships are available to those who cannot afford to pay full price.

Our mission is to enable all young people, especially those who need us most, to reach their full potential as productive, caring, responsible citizens. We do this by providing a safe place where children can learn and grow under the supervision of caring adults.

Our objectives are to provide all children and youth, who are predominantly from at-risk populations, with the resources, behaviors, and life skills necessary to prevent them from becoming victims of substance abuse.

The mission and the objectives of Boys & Girls Club align with the city’s goals in several ways. Providing a safe place for Lawrence youth allows their parents the opportunity to work without having to worry about their children. The parents are able to work effectively and efficiently for their employers to increase economic development. The families are also able to invest the money they make from working back into the Lawrence economy. Another city goal that aligns with Boys & Girls Club is neighborhood quality. After school time is a precarious time for youth and teens. When Club members are in the safe environment of the Club they are not roaming alone in neighborhoods causing problems, or

vandalism. And finally Boys & Girls Club prides itself in providing the best possible programs. From finding the right staff, to training them to always looking for ways to continue to be at the forefront of youth development, Boys & Girls Club is able to provide excellent service delivery for the youth and families of Lawrence.

Using the SMART program curriculum assures our success in meeting our outlined goals and objectives. The SMART programs are research-based life skills programs developed by the national level Boys & Girls Club. Their goal is to help young people resist alcohol, tobacco and other drug use. The format is based on interactive, small-group activities that increase participants' peer support, enhance life skills, build resiliency and strengthen leadership skills. For more than a decade, Boys & Girls Clubs have successfully used this program nationwide. The material is presented in age-appropriate increments:

- Smart Kids (ages 6-9): A skills development program focused on self-awareness, decision-making and interpersonal skills, while communicating age-appropriate information about alcohol and other drugs.
- Smart Moves (ages 9-13): A resistance skills program focused on ways to identify and resist peer, social and media pressures to use alcohol, tobacco, and other drugs.
- Smart Girls (ages 10-13): A program for adolescent girls that teaches resistance skills, stress reduction techniques, communication skills, assertiveness training and life planning. It provides accurate information about alcohol use, tobacco use, other drug use, adolescent sexuality and body image.
- Passport to Manhood (ages 10-13): A curriculum for adolescent boys that address several key areas of development while stressing and promoting positive values and behaviors.

While prevention programs are important, Boys & Girls Club works hard to provide another prevention strategy. According to the National Institute on Alcohol Abuse and Alcoholism, personal influences promoting alcohol use include low school achievement and commitment. Academic support is a large component of the after school program. Every day during the after school program every Club member attends Power Hour, a 30-45 time period where students work on their homework or other academic lessons. In most of the sites a specific location is used as a homework lab where students are able to work on their homework with the aid of certified teachers or KU volunteers. Homework lab is open to every student but is traditionally used by fourth grade and up. Those students who do not have specific homework assignments take part in activities planned specifically around the lessons they are learning during the school day.

The school day staff plays a large part in assisting with the academic piece of the program. Each Boys & Girls Club program manager spends a large part of their day in the school where their site is located. During this time they talk with teachers, interact with students, and observe classrooms. Spending this time in the school allows them to become better acquainted with the school lessons being taught, with the rules and policies of the school and helps them become a trusted member of the school community. In the low-income sites, group leaders are placed in the schools during the day for a couple hours per week. These group leaders are able to observe student behavior as well as work with teachers to design activities that enhance the academic lessons being taught. The group leaders in turn share this information with other Boys & Girls Club staff in order to assist the students in their academics. The overall objective of the supports is to help each Club member achieve and/or maintain high academic standards.

In order to assess a student's situation and determine the level of academic support they need, program managers collect a range of academic data. Each trimester (quarter for middle schools) grades are collected and reviewed for each student. The principal, teacher and program manager work together to determine what academic supports each student would benefit from. Kansas State Assessment data is collected yearly to also help determine the support.

When it comes to drug and alcohol abuse teens are a very sensitive population. The Boys & Girls Club teen program serves youth that do not have anywhere else to go after school. A variety of teen programming teaches leadership skills and exposes the youth to a variety of career fields. The teens participate in programs allows them to explore different career areas so that by the time they get into high school they will have a knowledge of several different career paths and what it take to attain those career choices. Boys & Girls Club keeps them engaged during the time when experimenting and peer pressure is the greatest.

Many of our youth would not have access to tutoring, mentoring or athletic and arts activities if it were not made available to them through the Boys & Girls Club. Active involvement in the Club programs and activities has proved to have a positive impact on our youth and reduce the risk of drug and alcohol abuse.

Boys & Girls Club actively seeks parent and community involvement in the delivery of its programs. Parents have an opportunity to provide feedback and suggestions through ongoing surveys. Parents receive monthly newsletters and are actively involved in planning and participating in Boys & Girls Club events. Most importantly, parents are actively engaged in programming by sharing their expertise and hobbies with the youth.

The Lawrence community is an active supporter of the Boys & Girls Club. High profile community leaders help promote programming and serve as mentors to the youth. Often times the Boys & Girls Club environment is the only

place our youth feel comfortable engaging in active dialogue with our community leaders. Neighborhood schools show their support by donating space and staff for the after school programs. The ability to utilize space in our schools helps to eliminate transportation barriers often experienced by our youth and allows Club staff to build strong relationships with school staff.

The Lawrence community also helps to support the Boys & Girls Club through special events such as the annual Red Dog Run and the Death Become Hair Masquerade Ball. In 2011, the events raised over \$15,000 for the Boys & Girls Club. The annual events continue to grow and they demonstrate overwhelming community support for the Boys & Girls Club of Lawrence.

C. Provide a brief description of how the need for this program was determined.

The need for the program should be clearly established and outlined. When appropriate, the context of other services available, or the lack thereof, should be provided. Statistical data that supports community need should be provided.

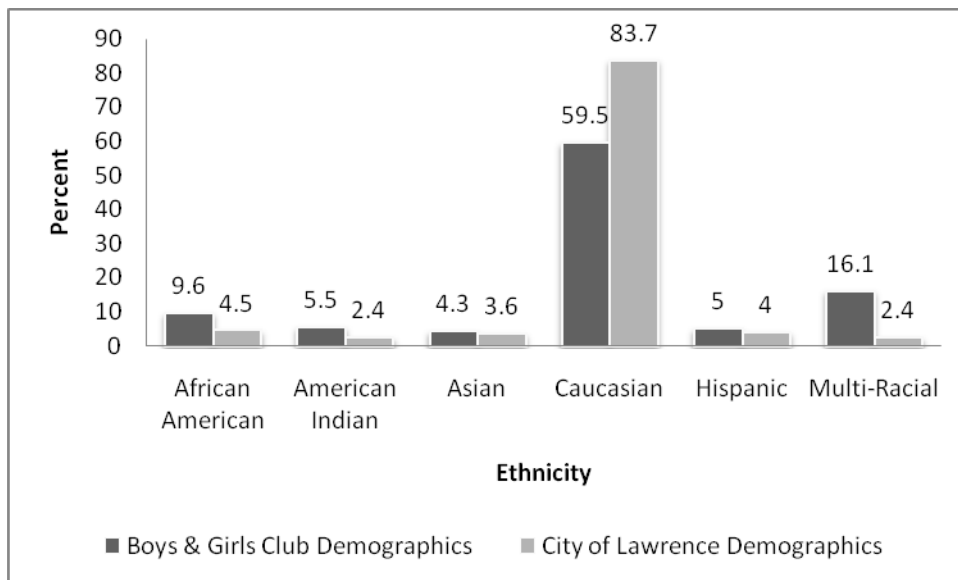
To the casual eye, Lawrence is a vibrant university town with many opportunities. Strolling down Massachusetts St. or traversing Clinton Parkway, this perception is borne out by the attractive shops and neighborhoods. Yet, this first impression of Lawrence can be very misleading. Lawrence is a city of many contradictions. If you explore the neighborhoods in north, north central and east Lawrence, the economic differences between the school neighborhoods located there and those located on the south and west side of town are clearly evident.

In Lawrence, 12.1% of families live below the poverty level, compared to the national average rate of 9.9% and 33% of single-parent households live below the poverty level compared to 28.7% nationally. (US Census) In the Boys & Girls Club of Lawrence alone, 64% families qualified as federal low-income, 60% are single parent households, and 80% had incomes under \$40,000 per year.

Adequate out of school supervision is becoming increasingly important as the family structure changes, more families are faced with poverty, families face longer work hours, youth are exposed to drug and alcohol pressure and other risk factors that affect their social and academic success.

The Kansas Action for Children reports, children without affordable after-school care are at higher risks for: academic failure, using drugs and alcohol, becoming crime victims, and/or perpetrating juvenile crimes, and becoming teen parents. After school programs are crucial opportunities to provide prevention and life skills education.

Boys & Girls Club serves an especially high-risk section of the Lawrence population in grades K-9. Sixty-four percent of Boys & Girls Club members qualify for free or reduced lunch compared to the school district average of 33%. Compared to the majority of their public school peers, children in the after school programs report higher levels on risk factors such as mobility, feeling safe, and having access to tobacco, drugs, and alcohol. Research shows that such factors put children at risk for school failure, delinquency and substance abuse (Battistich, Schaps, Watson & Solomon, 1996; Hawkins, Catalano & Miller, 1992). In addition to serving a high-risk section of Lawrence youth, Boys & Girls Club serves a disproportionately high number of minorities. The table below demonstrates the difference in the percent of minorities that live in the Lawrence community compared to the percent of minority youth the Club serves.



Studies have shown that children from minority groups typically have more risk factors and fewer protective factors, putting them at greater risk.

More and more children are being raised in homes where one parent (single-parent households) or both parents are working full-time jobs, often leaving children without adequate supervision after school.

Ninety-one percent (1,435/1,594) of the families in the Boys & Girls Club of Lawrence are employed and the face of the American work force has changed over the past few years. While school hours have remained the same work hours have not. The gap between work and school schedules amounts to as much as 25 hours per week, which presents working parents with the challenge of finding someone to care for their children while they are at work. Average work hours per adult increased 7.9 percent between 1960 and 1998, and nearly three-fourths of working adults say they have little or no control over their work schedule.

The burden of longer work hours not only falls on the parents and families but also on the employers. Polling shows that 87 percent of working mothers say the hours after school are when they are most concerned about their children's safety and this "afterschool stress" can lead to distraction that causes lower productivity, high turnover and absenteeism. In fact, 80 percent of employees with children miss work because of child care problems.

Parents are facing increased workloads, longer work hours and working multiple jobs to maintain the family income which lead to more and more youth being left on their own during after school and summer hours. Out of school hours are a time for youth to find alternative activities. Studies show that children are most at risk during the hours after school, the time of day when juvenile crime triples and children are most likely to be involved in risky behavior.

The after school programs provide a safe place for working parents to send their students. This not only affects the lives of children but also makes an impact on the Lawrence community and economic development. The Boys & Girls Club after school programs prevent youth from being involved in juvenile crimes and allows parents to stay at work and concentrate on their jobs without worrying about their students. Work productivity increases and employers benefit from efficient employees. Keeping their children in a safe after school programs allows parents to maintain employment therefore enabling them to invest their dollars back into the Lawrence economy by purchasing goods and services needed for their families.

Boys & Girls Club of Lawrence requests funds from the City of Lawrence to continue to provide low-cost and no-cost after school programs to an economically, racially, and ethnically diverse range of youth who face daunting risk factors as describe in the narrative above.

D. Describe the desired outcomes of this program (see Logic Model). At least one Process, one Behavioral and one Impact Outcome must be included and clearly outlined on Logic Model. Outcomes must be measured by an identified evaluation tool. Does agency show adequate progress towards achieving their targeted outcomes if previously funded.

Boys & Girls Club has three major prevention objectives – to provide all members with the (1) resources, (2) behaviors, and (3) life skills necessary to prevent them from becoming victims of substance abuse. We will measure and report our success in meeting these objectives according to the following Process, Behavioral, and Impact Outcomes:

Process Outcome #1: As a result of providing, a safe haven through after school programs, during 2013 Boys & Girls Club will provide 3,000 children (minimum 1,200 per day) with after school programs at 12 sites, with transportation from an additional four elementary schools and four middle schools. These sites will provide 175 days of after school programming from 7:00 a.m. to 7:00 p.m. and 54 days out-of-school programming from 7:30-6:00 p.m. Numbers served are tracked using Vision, a member tracking software, and through the Boys & Girls Club annual report.

Process Outcome #2: During 2013, a minimum of 800 children ages 6-15 will receive life skills and prevention education through the SMART programs. Numbers served are tracked using Vision, a member tracking software, and the Boys & Girls Club annual report.

Behavioral Outcome #1: Based on yearly participant evaluations, a minimum 90% of participants will report feeling safe in Boys & Girls Club programs, a measure that will reflect their daily connections with supportive adults.

Behavioral Outcome #2: Based on quarterly staff progress reports, 50% of participants will maintain or improve on three learning behaviors: (a) follows directions, (b) accepts responsibility for behavior, and (c) uses cooperation skills.

Behavioral Outcome #3: Based on pre and post tests, 80% of SMART program participants will show an increase in alcohol, tobacco, and other drugs knowledge.

Impact Outcomes: The long-term benefits of healthy learning behaviors and life skills will provide youth with the foundation to resist pressures toward substance abuse. By offering strong programming in prevention, youth participants will transform into resilient, engaged, and healthy community members.

E. Describe any coordination efforts your agency has made. Program strategy should involve a coordinated approach. Description should address how this particular program or service fits with other existing efforts to reduce fragmentation and duplication.

Boys & Girls Club is a leader in the community, not only in providing after school programming, but also in coordinating services to minimize duplication and fragmentation. The Boys & Girls Club has many community partners including the Lawrence Arts Center, Prairie Park Nature Center, Lawrence Parks and Recreation, DCCCA, who assists with prevention programming, Douglas County Extension and Lawrence Chamber of Commerce.

Boys & Girls Club of Lawrence is very fortunate to have a strong, collaborative relationship with the Lawrence Public School District. The neighborhood schools provide facilities, equipment and staff to support the after school programs.

Another strong collaborative partner is the United Way. Boys & Girls Club has partnered with the United Way for many years. In the past year the Club has been involved in planning and developing support that will assist in achieving the community goals that were assessed by the United Way. Boys & Girls Club and the United Way are working together to make a difference in the community by ensuring that students are prepared for school and are successful in school. Boys & Girls Club is providing academic supports through academic coordinators for the different sites, kits full of resources to engage students in academic lessons and helping to coordinate the services of other agencies to provide programming.

An independent contractor conducts ongoing program evaluations. Partnerships with several local businesses have been formed to increase fundraising and outreach activities. Volunteers for tutoring and mentoring come from the University of Kansas, Haskell Indian Nations University, and the Roger Hill Volunteer Center.

F. Describe how your agency is capable of implementing the proposed program. Based on agency history, management structure, and staffing pattern, does organization have capacity to implement the proposed program and achieve the desired outcomes?

Boys & Girls Club of Lawrence is capable of implementing this program. Our programming has evolved over time, and is shaped by participant feedback, evaluation outcomes, and best practices in the field. We have long maintained a rigorous schedule of meeting performance measures and tracking extensive data – behavior outcomes, attendance by individual student, educational outcomes, and demographic information. The board of directors and administrative team has extensive experience in implementing programs and managing grants. The administrative team which includes the executive director, director of operations, assistant director of operations, director of development and financial/grant consultant has over 20 years of grant management experience.

Boys & Girls Club sets high hiring standards, requiring that all staff pass extensive background checks and complete several hours of specific training. In addition, program managers are required to have bachelor’s degrees from accredited colleges or universities and at least three years of work experience in a Boys & Girls Club or similar organization. All site staff must have a minimum of 48 college hours and previous experience working with youth in an educational or recreational setting. The Club holds staff trainings on a monthly basis on a variety of issues from service learning to working with special needs children. Various community experts facilitate the trainings, including Lawrence Public School District personnel. Boys & Girls Club of Lawrence maintains high standards for financial management including accounting and auditing. Policy and procedures ensure accurate and complete oversight and reporting of all financial information, requiring monthly board approval and yearly audits.

G. Provide a detailed budget for the proposed program using the categories provided. The budget request for the program described should be reasonable and spelled out according to the categories below. Does the organization use funding creatively to get the most for the money, i.e. use of students, volunteers, in kind donations, leveraging of this funding to get other funding, etc.? Are long-term plans for program funding discussed – will this be an annual request for alcohol tax, is it expected to increase, decrease, etc.? Are other sources of funds used for the program? If so, are they described.

- Personnel(list each staff position individually and note if new or existing)
- Fringe Benefits
- Travel
- Office Space
- Supplies: office
- Supplies: other
- Equipment

Budget Alcohol Tax Request 2012	
Personnel- 80 group leaders (existing staff)	\$82,315
Fringe Benefits (figured at 14%)	\$11,524
Travel (transportation for participants)	\$3,970
Office Space	\$0
Supplies: Office	\$1,000
Supplies: Other	\$7,469

TOTAL	\$106,278
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The Boys & Girls Club total budget is \$2.3 million. We are requesting \$106,278 in City Alcohol Tax funds to support salary costs for after school and out-of-school programming at 12 Lawrence after school program sites. Currently we employ 100 staff and serve of 1,200 youth per day. Personnel costs (salaries, benefits, and payroll taxes) represent approximately 82% of our yearly organizational budget.

Funding from the city allows us to keep open all our sites, many of which are located in low-income areas of Lawrence. Furthermore, we do not turn youth away if they are not able to afford our programming fees; we provide scholarships so that every single child in Lawrence has equal access to our services. While Boys & Girls Club charges parents a fee for the service, 45% of the families are not able to pay full price for the program. The cost to run an after school program for one school year is approximately \$100,000 and it costs \$45,000 for a summer program. The fees alone do not cover the cost of running the program, therefore leaving a gap in funds to provide the service. The table below shows the amount of fees collected from two of the schools that have the highest number of economically disadvantaged students and the amount needed to make up the difference.

	Pinckney	Woodlawn
2010-2011 School year fees collected	\$45,908.70	\$33,724.45
Amount need to make up the different	\$54,091.30	\$66,275.55

In order to make up this gap Boys & Girls Club works hard to connect with a wide range of community stakeholders and funders who are invested in after school programming. We anticipate that there will be an annual request for Alcohol Tax funds to support after school programs. The amount of the request will vary according to the number of sites in operation and the availability of other funding.

The overall organization budget comes from a diverse range of sources.

Other Sources of Funding	
Funding Source	Amount
United Way	\$162,000
Office of Juvenile Prevention	\$75,000
School District	\$14,000
21 st Century Community Learning Centers	\$600,000
Federal/State/Local Grants	\$539,479
Fundraising	\$100,000
Program Fees	\$750,000
Contributions	\$37,500
Total Revenue	\$2,277,979



City of Lawrence

SECTION 3. LOGIC MODEL

Please complete the Logic Model below.

ASSESSMENT DATA	CITY COMMISSION GOAL(S)	PROGRAM GOALS/ OBJECTIVES	TARGET GROUP	STRATEGIES	PROCESS OUTCOMES	BEHAVIORAL OUTCOMES	IMPACT OUTCOMES
<p>Risk Factors: Children without affordable after school programs are at higher risks for: academic failure, using drugs and alcohol, becoming crime victims, and/or perpetrating juvenile crimes and becoming teen parents. In Douglas County, 11.7% of youth reported binge drinking and 10% reported using other drugs.</p> <p>Protective Factors: 1) After school programs provide a safe haven and resource for at-risk youth. 2) Developing children's social competencies and behaviors enhance prevention efforts 3) Prevention curriculums help children resist risky behaviors including drug and alcohol use.</p>	<p>The City Commission Goal(s) related to the program.</p> <ul style="list-style-type: none"> • economic development – parents are able to work and invest their money in the Lawrence economy • neighborhood quality – students are in a safe place during dangerous times of the day therefore keeping neighborhoods safe and clean • service delivery- The Club strives for the highest quality staff and works to stay ahead of youth development trends 	<p>Our goal is to provide a high quality curriculum in which preventing substance abuse plays a major role.</p> <p>Our prevention objectives are to provide all our children and youth with the</p> <ol style="list-style-type: none"> 1) resources, 2) behaviors, and 3) life skills necessary to prevent them from becoming victims of substance abuse 	<p>Target: All youth that need a safe place to spend after school and out-of-school hours, ages 5-15. With specific emphasis on low-income and at-risk Lawrence youth.</p>	<ol style="list-style-type: none"> 1) Provide a safe haven through after school programming, in order to help participants resist temptations, pressures, and opportunities for substance abuse. 2) Reinforce and reward successful learner behaviors that reinforce individual resources necessary to prevent substance abuse. 3) Provide SMART MOVES programming to educate young people to resist alcohol, tobacco and other drug use 4) Provide academic supports in the form of Power Hour, homework help, academic coordinators, staff training 	<ol style="list-style-type: none"> 1) During 2013, 3,000 youth (min. 1,200 per day) will receive after school programming at 12 sites, with transportation from an additional four elementary schools and four middle schools. These sites will provide 175 days of after school programming from 7:00am to 7:00pm and 54 out-of-school programming from 7:30am-6:00pm. 2) A minimum of 800 children ages 6-15 will receive life skills and prevention education through the SMART programs during 2013. 	<ol style="list-style-type: none"> 1) Based on participant yearly evaluations, a minimum of 90% of participants will report feeling safe in BGC programs, a measure that will reflect their daily connections with supportive adults. 2) Based on quarterly school staff progress reports, 50% of participants will maintain or improve on three learning behaviors: <ol style="list-style-type: none"> a) follows directions; b) accepts responsibility for behavior; and c) uses cooperation skills. 3) Based on pre and post tests, 80% of SMART program participants will show an increase in alcohol, tobacco and other drug knowledge. 	<p>Long after children age out of after school programs and leave their safe haven the long-term benefits of healthy learning behaviors and life skills will provide them with the foundation to resist pressures toward substance abuse.</p> <p>Through providing strong programming in prevention Boys & Girls Club of Lawrence will help Lawrence transform some of its youngest and most vulnerable citizens into resilient, engaged, and healthy community members.</p>

