

**City of Lawrence
2010 Alcohol Tax Funds
Request for Proposals
Calendar Year 2010 (January-December)**

Agency Name: DCCCA, Inc.
Program Name: Lawrence Outpatient Treatment Program
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Request is for funding in the following categories and amounts:

_____	Prevention	\$ _____
<u> X </u>	Treatment	\$ <u> \$42,882 </u>
_____	Intervention	\$ _____
_____	Coordination	\$ _____

Program Description

DCCCA has been providing outpatient alcohol and drug abuse treatment services in Lawrence since 1974. While there are other organizations and practitioners in the city and surrounding area providing substance abuse treatment, our Lawrence Outpatient Treatment Program has maintained a commitment to serve citizens who are often the most disadvantaged. Individuals who are homeless, impoverished, struggling with mental illness in addition to their substance addiction, or who are experiencing legal consequences as a result of their addictive lifestyles are referred to, and successful in our treatment program. The majority of participants have no insurance or other financial resources to pay for their treatment.

The treatment interventions at Lawrence Outpatient are based on the National Institute on Drug Abuse (NIDA) best practices. Services are complimented by individual counseling, 12 Step support group attendance, service referrals for mental and physical health, and case management for housing, employment, parenting, and other assessed needs. Families, especially parents of adolescents, are offered education and counseling to help them understand the impact of their loved ones' substance use on their lives.

Drug and Alcohol Evaluations – All service options begin with a comprehensive assessment of a potential client's strengths and needs. The assessment results in a diagnosis (when indicated) using criteria established by the Diagnostic and Statistical Manual, Fourth Edition (DSM-IV), and a recommended treatment level based on the American Society of Addiction Medicine (ASAM) criteria. Lawrence Outpatient also provides court ordered evaluations for individuals who have been charged with Driving Under the Influence, Minor in Possession, or other criminal charges.

Alcohol and Drug Information School – Individuals who have obtained their first DUI or Minor in Possession charge attend this eight hour course.

Challenge Group – This co-educational group is intended for those adults who are abusing substances but do not meet DSM-IV criteria for being substance dependent. Morning and evening group times are offered, meeting two hours twice a week, for eight weeks.

Intensive Outpatient Treatment – Intended as an alternative to residential treatment, adult IOT is designed for individuals who are assessed as chemically dependent. Gender specific groups for both men and women meet three hours a day, three days a week for 15 weeks. Adolescent IOT groups meet three hours a day, three days a week for six to eight weeks.

Aftercare – Aftercare groups offer a relapse prevention focus and support for individuals who have completed intensive outpatient or residential treatment. Adolescent groups meet two hours a week for six to eight months. Gender specific adult groups meet two hours a week for up to one year.

Needs Assessment

Data from multiple sources suggests a continuing need for alcohol and drug abuse education, prevention and treatment. Research indicates that adults who abuse substances have a higher likelihood than non-substance abusing adults of experiencing poverty and unemployment.

Children of substance abusing parents experience higher rates of developmental delays, child maltreatment and removal to foster care. (National Center on Substance Abuse and Child Welfare). Tax payer and community costs for law enforcement and foster care, alone, significantly exceed the minimal cost associated with alcohol and drug treatment.

The 2005 Kansas Comprehensive Treatment Needs Assessment provided the following facts about Douglas County adults:

- An estimated 11,113 adults have alcohol and/or drug abuse or dependence problems.
- An estimated 9,368 adults are in need of substance abuse treatment.
- An estimated 8,440 adults with an alcohol or drug diagnosis have unmet treatment needs.
- Women in Douglas County who had their children removed to foster care were in need of Intensive Outpatient treatment.

The 2008 Kansas Communities that Care survey provided the following facts about Douglas County adolescents:

- 26% drank alcohol in the past 30 days
- 10% smoked marijuana in the past 30 days
- 9% acknowledged being drunk or high while in school
- 18.8% engaged in binge drinking (2008 Kids Count, Kansas Action for Children)
- 27% reported a family member with a serious alcohol or drug problem
- 44% reported a close personal friend drank alcohol regularly
- 28.8% reported a close personal friend used marijuana regularly

Alcohol was the primary drug of choice for 47% of adults who sought treatment in 2007, while 70% of adolescents in treatment reported marijuana as their drug of choice. Twenty four Douglas County residents were admitted to the Fourth Time DUI initiative in state fiscal year 2007, the fifth highest admission rate in Kansas.

Lawrence Outpatient provided treatment services to 332 adults, 22 adolescents, 135 KU students, and 12 homeless individuals between July 1, 2008 and April 30, 2009. As the local and state economies decline, those referred for treatment have limited resources to pay for services and state dollars dedicated to pay for indigent care are stretched beyond their limit. Lawrence Outpatient Treatment Services will continue its practice of using Alcohol Tax Funds to provide services for those who would otherwise be unable to access them.

Outcomes

The primary goal of Lawrence Outpatient Treatment Program is to reduce the personal, familial, and social cost of addiction by intervening with the most appropriate intervention necessary at the time. The investment of Alcohol Tax Funds will result in lower tax dollar expenditures in the criminal justice system, public assistance, and removals to foster care when parents cannot adequately care for their children. The following outcomes, based on national standards for successful treatment programs, measure improvement in lifestyles of clients who complete treatment.

1. By the end of the program, 80% of participants will report a decrease in alcohol use at discharge (compared to 30 days before admission to treatment).

2. By the end of the program, 80% of participants will report a decrease in drug use at discharge (compared to 30 days before admission to treatment).
3. By the end of the program, 80% of adult participants will have safe, supportive living conditions.
4. By the end of the program, adult participants will report a 75% increase in employment at discharge, compared to 30 days before admission to treatment.
5. 60% of participants in outpatient treatment will remain actively involved until completion of treatment plan.

Outcomes are measured using a structured survey instrument completed by clients and staff at the conclusion of their program completion.

Coordination

Lawrence Outpatient's successful treatment intervention with adults and adolescents is contingent on our ability to effectively address their holistic needs through effective community collaboration. Program staff link treatment clients with Health Care Access, Douglas County Health Department, local primary care physicians, Douglas County Aids Project and Douglas County Dental Clinic for physical health care needs. The Lawrence/Douglas County Housing Authority and Lawrence Workforce Center provide access to affordable housing and employment opportunities. Clients with co-occurring mental health needs are seen at Bert Nash Mental Health Center. Women's Transitional Care Services is a resource for female clients who are victims of domestic violence. Staff providing adolescent services collaborate closely with The Shelter, Inc., O'Connell Youth Ranch, and KVC Behavioral Health Care. Women who participated in residential substance abuse treatment at DCCCA's First Step at Lake View may continue their treatment at Lawrence Outpatient upon re-entry into the community.

Lawrence Outpatient Treatment Services staff actively participate in community collaboration initiatives designed to identify and seek resolution to service gaps. We are engaged in a formal partnership with the Lawrence Housing Authority, facilitating evaluations and providing treatment services for homeless individuals. One of our substance abuse counselors offers assessment, evaluation and counseling on the University of Kansas campus weekly. Child and adolescent needs are the focus of our participation in the monthly Family Centered Systems of Care planning group. Finally, we meet monthly with Douglas County courts and criminal justice staff to address treatment needs of individuals involved with the court system, and partner with others to facilitate a continuum of services for jail inmates or re-entering the community.

Organizational Capacity

DCCCA is a Lawrence based non-profit organization that has provided substance abuse treatment services for adults and adolescents for over 30 years. Our active, entrepreneurial Board of Directors and leadership staff have created an array of human services that focus on quality, efficiency, and positive outcomes for customers. DCCCA's management practices and proactive planning have given confidence to various funders that we are good financial stewards and can withstand changing economic conditions.

Lawrence Outpatient Treatment Services is licensed by the Department of Social and Rehabilitation Services, and is a contracted provider with SRS Addiction and Prevention Services, Value Options of Kansas (Medicaid), the Kansas Sentencing Commission, and Fourth Time DUI Initiative. Program staff are state certified as alcohol and drug abuse counselors, and

many hold professional licenses as social workers or counselors, issued by the Behavioral Sciences Regulatory Board.

Budget

Lawrence Outpatient Treatment Services has multiple funding streams, most with strict eligibility requirements for client admission in order to access those funds. Supplemental funding is received through contributions, the Lawrence Housing Authority, University of Kansas, client fees and insurance reimbursement. The following data reflects revenue from each primary funding source July 1 through March 31, and their eligibility requirements:

Addiction/Prevention Services (client income must be 200% of poverty)	\$129,374
Medicaid (client has Medicaid 19 insurance coverage)	\$ 59,245
Senate Bill 123 (client is referred by the Kansas Sentencing Commission)	\$ 7,080
Senate Bill 67 (Fourth Time DUI offenders)	\$ 975
Private Pay/Insurance	\$ 77,046
Supplemental funding	\$ 2,898
Alcohol Tax Fund (City of Lawrence)	\$ 50,159

DCCCA's Lawrence Outpatient program is an annual recipient of Alcohol Tax Funds, with dollars focused on increasing our ability to serve low income adults and adolescents who do not meet the criteria of our primary funding sources. Without Alcohol Tax Funds, these individuals would be unable to access substance abuse treatment services. For 2010, Alcohol Tax Funds will continue to fund a full time, masters level substance abuse counselor, based on the following budget figures. Costs related to travel, office space, supplies and equipment will be reimbursed through other funding streams.

Personnel	\$33,294
1 full time (existing) substance abuse counselor	
Fringe Benefits	\$ 9,588
28.8% of salary	
Total Request	\$42,882

ASSESSMENT DATA	GOALS/ OBJECTIVES	TARGET GROUP	STRATEGIES	PROCESS OUTCOME	BEHAVIORAL OUTCOMES	IMPACT OUTCOMES
<p>An estimated 9,368 adults in Douglas County are in need of substance abuse treatment.</p> <p>26% of Douglas County adolescents typically drink alcohol in a 30 day period, 10% smoke marijuana, and 18.8% are engaged in binge drinking.</p> <p>Adults who abuse substances are at high risk to experience poverty and unemployment.</p> <p>Children of substance abusing parents experience higher rates of developmental delays.</p>	<p>Treatment at Lawrence Outpatient will reduce the personal, familial and social cost of addiction by interceding with the most appropriate intervention necessary, at the time.</p> <p>Funds provided by the Alcohol Tax Fund will increase the number of low income adults and adolescents who can access treatment.</p>	<p>Adults and adolescents in Lawrence and Douglas County who abuse alcohol or other drugs, or are chemically addicted.</p>	<p>Drug and Alcohol Evaluation</p> <p><u>Level I Outpatient</u></p> <ul style="list-style-type: none"> - Education - Individual Group or Family Counseling - Relapse Prevention - Case Management - Continuing Care <p><u>Level II Outpatient</u></p> <ul style="list-style-type: none"> - Intensive Treatment 	<p>DCCCA will provide services to approximately 600 individuals during CY 2010.</p>	<p>By the end of the program, as documented by the established program completion survey:</p> <p>80% of participants will report a decrease in alcohol use</p> <p>80% of participants will report a decrease in drug use</p> <p>Adult participants will report a 75% increase in employment at discharge</p> <p>80% of adult participants will have acquired safe and stable housing</p> <p>60% of participants will remain actively involved until completion of their treatment plan</p>	<p>By the end of the program 100% of participants will have decreased alcohol and/or drug use, adults will have attained meaningful employment and/or increased their education level when appropriate, adolescents will have increased their educational level, and adults will have secured, and adolescents will live in safe and stable housing that protects their recovery .</p>