

City of Lawrence
Alcohol Tax Funds
Request for Proposals
Calendar Year 2009 (January – December)

The budget picture from the Kansas Legislature creates uncertainty as to the status of the local portion of the alcohol liquor tax. If the Legislature decides to eliminate or reduce the local portion of this tax, it will impact the City's ability to fund programs. The City of Lawrence is proceeding with the Request for Proposal process and accepting applications for the alcohol tax revenues, with the understanding that funding levels, if any, are unknown and potentially subject to reductions by the State Legislature.

PLEASE NOTE THAT **BEGINNING IN 2009, FUNDS WILL BE DISBURSED ACCORDING TO THE FOLLOWING SCHEDULE UNLESS OTHERWISE AGREED TO IN WRITING:**

- FIRST HALF OF FUNDS WILL NOT BE DISBURSED BEFORE APRIL 1
- SECOND HALF OF FUNDS WILL NOT BE DISBURSED BEFORE OCTOBER 1

An organization may apply in as many categories as it chooses. A separate application must be completed in each specific category (Prevention, Treatment, Intervention, and Coordination). Applications are due Applications for 2009 funding must be complete and submitted electronically to the City Manager's Office at ctoomay@ci.lawrence.ks.us by the deadline of 5:00 pm on Friday, May 2, 2008

Collaboration and/or coordination between organizations is highly recommended and multi-agency proposals to address an identified community problem are encouraged. As much as the Advisory Board values the services of the agencies that have been funded in previous years, we are concerned about suggesting random approaches or solutions. Programs should have research based effective strategies or "promising approaches." All programs must have goals with measurable outcomes.

Following are the funding priorities the Advisory Board has established for 2009. These categories will be used as a guideline for the Advisory Board when making recommendations to the City Commission, but are not absolute. The bullet points below each category provide examples, but are not all-inclusive.

Definitions of each category are provided for clarification.

Prevention

Universal Prevention: A universal prevention strategy is one that is desirable for all members of a given population. The goal of the universal prevention is to deter the onset of substance abuse by providing all individuals with information and skills needed to prevent the problem.

Selective Prevention: Selective prevention strategies target subgroups that are believed to be at greater risk than others. Risk groups may be identified on the basis of biological, psychological, social or environment risk factors known to be associated with substance abuse.

Indicated Prevention: The purpose of indicated prevention is to identify individuals who exhibit early signs of substance abuse and associated behavior and to target them with special programs. In the field of substance abuse, an example of an indicated prevention strategy might be for high school students who experience truancy, failing grades and depression.

Treatment & Recovery

Assessment/Evaluations: Assessment and Evaluation is the process of identifying the extent of a substance abuse problem through the process of background assessments and interviews. The assessment and evaluation stage allows a clinician to make an appropriate diagnosis and treatment placement.

Therapy: This section of the continuum includes inpatient, outpatient or educational processes to assist the client in addressing substance abuse issues.

Aftercare: Aftercare includes efforts to reintegrate clients into a normal living situation and support a substance free existence. Aftercare may also include on-going therapy with clinical, family support and self-help programs.

Intervention

Initial Assessment and Referral: The process of identifying individuals who have problems with substances and making appropriate referrals. Intervention also includes efforts to interrupt the use of substances in order to connect the client with proper treatment resources.

Coordination

Comprehensive and coordinated efforts provide multiple benefits when communities address alcohol and other drug problems. A community-wide approach is effective because:

- 1) It affects the entire social environment, which allows communities to have strategic approach to addressing norms, values, and policies as well as changing conditions that place children at risk.
- 2) It develops broad base of support and teamwork which allows all agencies involved to fully understand their contribution to the overall single strategy to address issues.
- 3) It brings results that are long lasting by integrating programs, services, and activities through existing organizations and extends the influence of all programs.

Other

Programs, policies or practices deemed appropriate according to Charter Ordinance 33.

City of Lawrence
2007 Alcohol Tax Funds
Request for Proposals

Directions:

Use the headings listed below when writing your narrative. The review criteria that will be used by the Advisory Board is described.

Please limit your narrative in each category (prevention, treatment, etc.) to no more than four (4) pages. Use minimum 12 point type and one (1) inch margins. Additional information may be provided within the four (4) page limit. Please do not submit additional attachments. Fill out and attach the cover page to your narrative.

Review Criteria

Program Description

First Step at Lake View continues to be the only agency in Lawrence, which provides structured housing for women in early recovery from chemical dependency. One of the unique features of the program is that children can accompany their mothers to treatment, an arrangement that allows families to stay together.

Many times women avoid alcohol and drug treatment because they are afraid that they may lose custody of their children if they seek help for their addiction. The ability to have children stay with their mothers in a treatment setting is of the utmost importance to recovery and to families. Women are able to work on their recovery as well as parenting skills while they reside and participate in First Step at Lake Views treatment programs.

Programming at First Step at Lake View is based on empirically based treatment interventions and includes such things as parent education, family therapy, and cognitive behavioral approaches to treatment.

Needs Assessment

The number of admissions to First Step at Lake View during 2007 increased with the addition of three treatment modalities. From July 2007 to April 2008 First Step at Lake View has provided services to 225 women and 51 children. These numbers have dramatically increased from the 95 women and 24 children served in the 2006 calendar year.

First Step at Lake View continues to provide treatment to pregnant women. Thus, increasing the chance for these women to deliver healthy non drug affected babies. These women are given the opportunity to deliver healthy babies and begin developing the important bond between mother and child. In addition, these children are given the chance to be born without the complications of being born drug affected.

The population of women that come to treatment with serious mental health concerns and lack of housing in addition to their addictions continues to grow. As a result, more intensive services are required in order to appropriately stabilize the client and her family. Considering these factors, residential support for women in recovery is vital.

Often children whose mothers abuse drugs and alcohol are placed in the custody of Kansas Social and Rehabilitation Services (SRS) due to neglect. Kansas has one of the highest out-of-home placement rates in the United States, and Douglas County has the seventh highest rate of counties in Kansas (Kansas Kids Count Data Book, 2001). Children who live with their mothers at First Step at Lake View benefit from the supervision of First Step at Lake View staff while their mothers recover from the substance abuse that often leads to out-of-home placement rates. Consequently, families remain intact and the taxpayers of Kansas save on the high cost of foster care placement.

Outcomes

The primary goal of treatment programs is to reduce the personal, familial and social cost of addiction by interceding with the most appropriate interventions. Funds provided by the Liquor Tax Fund allow our agency to serve clients without resources, thus reducing costs associated with the legal system, welfare, and foster care. The outcomes for First Step House measure improvements in lifestyle for women and their families. The goals and outcomes for the coming year, 2009, are as follows:

- (1) By the end of the program, 80% of participants will report a decrease in alcohol use at discharge (compared to 30 days before admission to treatment)*
- (2) By the end of the program, 80% of participants will report a decrease in drug use at discharge (compared to 30 days before treatment)*
- (3) By the end of the program, participants will report a 75% increase in employment at discharge (compared to 30 days before admission to treatment)*
- (4) By the end of the program, 80% of participants will have acquired safe and stable housing.*

Outcomes are measured using a structured survey instrument completed by clients and staff at the conclusion of their program completion.

Coordination

Coordination of services is necessary to provide an integrated approach to the complex problems of chemical dependency. First Step at Lake View receives referrals from a variety of agencies and works collaboratively to provide services fostering recovery. Currently Bert Nash, Health Care Access, Douglas County Dental Clinic, Douglas County AIDS Project and the Douglas County Health Department are accessed to ensure the needs of the women and children served by FSH are being met. The Lawrence Douglas County Housing Authority and Lawrence Workforce Center continue

to be accessed for housing and employment needs of the women and their children. The assistance of other community agencies continues to be key to making our job manageable and recovery possible for the population we serve.

First Step at Lake View offers intermediate, reintegration, intensive outpatient, and continuing care services to women and their children as they stabilize their lives after years of addiction. We believe that it is in the interest of the community to build upon this existing core of services when developing the plan for liquor tax funds.

Organizational Capacity

In June of 1996, First Step House merged with DCCCA. This merger provided an opportunity to build on the strengths of both organizations. First Step House provided specialized services for women and children, which had not previously been available, and DCCCA provided administrative and funding support that increased stability at First Step House. The merger brought about a reduction in operating costs while maintaining service levels. Most recently First Step House and Womens Recovery Center of Topeka have merged resulting in increased services available to Lawrence and Kansas residents.

DCCCA is a private nonprofit organization, which has provided a variety of human services during the past 30 years. Our agency has an active and informed board of directors, which monitors the services that we provide. First Step House has been in operation since 1985, and has a history of receiving Alcohol Tax Funds to assist in the general operating expenses of the program. First Step at Lake View/DCCCA operates using recognized accounting principles. Our agency history, management structure and staffing all demonstrate our ability to appropriately use funds available through the alcohol tax.

DCCCA will be requesting Alcohol Tax Funds annually for First Step at Lake View operations and has received funding for several years to assist us with the counseling services that were provided through First Step House.

First Step at Lake View has a diverse funding base that includes the Lawrence Alcohol Tax Fund, Douglas County special liquor tax funds, food stamps, food commodities, Medicaid, Senate Bill 123 funds, Senate Bill 67 funds, donations, FEMA grants, Emergency Shelter funds and AAPS (Addiction and Prevention Services) fee for service payments.

Budget

Chemical Dependency Counselor:	\$22,620
Fringe, Travel, Office Space, Supplies, and Equipment calculated at 28.8% of salary	\$6,530
GRAND TOTAL	\$29,150

Questions regarding the application process may be directed to:

Jen Brinkerhoff, Grant Coordinator
841-4138 jbrinkerhoff@dcca.org

Casey Toomay, City Budget Manager
832.3409 ctoomay@ci.lawrence.ks.us

ASSESSMENT DATA	GOALS/ OBJECTIVES	TARGET GROUP	STRATEGIES	PROCESS OUTCOMES	BEHAVIORAL OUTCOMES	IMPACT OUTCOMES
<p>During Calendar Year 2007:</p> <p>100% of program completers reported reduction in alcohol use</p> <p>100% of program completers reported reduction in drug use</p> <p>100% of program completers reported improvement in their employment situation and met employment requirements</p> <p>100% of</p>	<p>The primary goal of First Step at Lake View is to reduce the personal, familial and social cost of addiction by interceding with the most appropriate intervention necessary at the time.</p> <p>Funds provided by the Liquor Tax Fund allow our agency to serve clients without resources, thus reducing costs associated with the legal system, welfare and</p>	<p>First Step at Lake View is the only agency in Lawrence, which provides structured housing for women in early recovery from chemical dependency. One of the unique features of the program is that children can accompany their mothers to treatment, an arrangement that allows families to stay together.</p>	<p>Counseling Groups Educational Groups Individual counseling Individual case management Meals Family/children services 12 step involvement Recreation Activities Discharge/referral planning</p> <p>In Detail: DBT (Dialectical Behavioral Skills Training) Group Relationships Group (Relationship/codependency) Relapse Prevention Activities Vocational Group Community Presenters Family Individual Counseling 20 - 40 hrs/wk work or volunteering or education Morning Meditation Group House Meeting/Community Recreation Goodnight/wind down Group Parenting Group Creative Movement Group provided by Lawrence Art's Center Staff</p>	<p>First Step at Lake View will provide services to at least 250 women and 55 children in calendar year 2008</p>	<p>By the end of the program, 80% of participants will report a decrease in alcohol use at discharge (compared to 30 days before admission to treatment)</p> <p>By the end of the program, 80% of participants will report a decrease in drug use at discharge (compared to 30 days before treatment)</p> <p>By the end of the program, participants will report a 75% increase in</p>	<p>By the end of the program 100% of women will have decreased alcohol and/or drug use, attained meaningful employment and/or increased their education level when appropriate, and secured safe and stable housing that protects their recovery for themselves and their children</p>

<p>program completers acquired safe housing supporting their recovery for themselves and their children.</p>	<p>foster care.</p>				<p>employment at discharge (compared to 30 days before admission to treatment) By the end of the program, 80% will have acquired safe and stable housing</p>	
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