



MINUTES
Governing Board of Directors
Tuesday, May 30, 2017

Directors Present: David Johnson Don Grosdidier Reed Dillon
Lucia Orth Steve Glass Kathy Brown
Gene Bauer Jane Fevurly Brad Burnside

Directors Absent: Elizabeth Sheils Cindy Maude Ken McGovern
Barbara Ballard

Staff Present: Pat Roach Smith, Chief Operations Officer
Tracy Kihm, Finance Director
Cindy Hart, Development Director
Nicole Rials, Access Center Team Leader
Leah Hansen, Executive Assistant (Minutes)

- I Brad Burnside called the meeting to order.
- II Public Comment: None.
- III Consent Agenda: The Consent Agenda included the April 25, 2017 minutes.

STEVE GLASS MOVED TO APPROVE THE CONSENT AGENDA; DON GROSIDIER SECONDED THE MOTION. MOTION CARRIED.

IV Review & Comment: *CEO Report:* This month's CEO report summarizes the remaining legislative focus for community mental health. Concealed carry remains an important issue. Bert Nash is included in this group because we are located in a public building. The restoration of the 4% Medicaid cut is funded by a privilege fee and is supported by all health maintenance organizations except Blue Cross Blue Shield. The privilege fee should produce more than what is required to restore. The Crisis Intervention Act passed, which allows us to consider involuntary holds at the new crisis center.

Spotlight: Nicole Rials / Access Center: The Access Center is a busy department that consists of six employees during the day. This department is the primary entry point for new clients at Bert Nash and for those that are returning for services. Open access takes place at specific times Monday- Friday each week and gives people the opportunity to come in for services when they are ready. During open access, a person will complete an administrative piece including registration, insurance verification and access to sliding fee options. That same day, they will have an intake appointment with a therapist. On average, the Access Center has nine intakes per day and will collaborate with outpatient therapists and others who can complete the initial assessment.

People are also welcome to walk in for crisis support, which may include worsened depression, suicidal thoughts, acute agitation, anxiety or psychosis. Crisis clinicians will try to de-escalate each situation, assess protective factors and devise a safety plan. Many times, with protective factors in place, a person can be diverted from hospitalization. The Access Center can also arrange hospitalization for those that need further medical assistance.

Bert Nash offers services after the building closes each day. Bert Nash has a contractual agreement with HealthSource in Topeka, KS. HealthSource takes our after-hours calls and decides on next steps. If the clinician is unable to de-escalate the situation over the phone, they will recommend the client go to LMH and assess if a family member or friend is available to help get them there. They might also encourage the family member to contact law enforcement if it is an emergency situation. The Bert Nash after-hours screener will report to LMH.

Crisis clinicians at Bert Nash take all crisis related calls during the day. Their goal is to build support and trust while trying to stabilize the caller. Many times, the person will be encouraged to come in and talk to a therapist. Bert Nash collaborates with local law enforcement and dispatch will be contacted if the crisis clinician feels there is concern stemming from the call.

V Consider for Action: *Financials*: Tracy reviewed the March 2017 financials. April financials are almost complete. Fee revenue in March ran higher than planned. One of these reasons is because revenue planning divides equal over twelve months in the system. Salary and benefits are significantly under budget due to vacant positions in medical services, which is offset by expenses for contracted medical staff and search firm fees. Last year, at the time of budgeting, it was uncertain whether the Department of Labor overtime rule would be implemented. Salaries were budgeted at 100% instead of the normal 2% to allow for potential overtime.

GENE BAUER MOVED TO APPROVE THE MARCH 2017 FINANCIALS. LUCIA ORTH SECONDED THE MOTION. MOTION CARRIED.

2017-2018 Chair-Elect & Treasurer: No vote was casted at the meeting,

VI THE MEETING WENT INTO EXECUTIVE SESSION AT 8:25 A.M. THE REGULAR MEETING RECONVENED AT 9:00 A.M.

VII *Adjourn*: The meeting adjourned at 9:00 a.m.

The next Governing Board meeting will be Tuesday, June 27, 2017