



UPCOMING TOURNAMENTS CAMPS/SPECIAL EVENTS

Friday-Sunday, July 6-8

MAYB Basketball Tournament

Friday - 5-10 p.m.

Saturday - 8 a.m.-10 p.m.

Sunday - 8 a.m.-5 p.m.

Courts 2-8 (Court 1 open for free play)

Sunday-Saturday, July 8-14

KU Volleyball Camp

Sunday - 6-8 p.m.

Monday & Thursday - 2:30-4:30 p.m. | 6:30-8:30 p.m.

Tuesday & Friday - 9-11 a.m. | 2:30-4:30 p.m.
6:30-8:30 p.m.

Wednesday - 9-11 a.m. | 1-3:30 p.m.

Saturday - 9-11 a.m. | 1-3:30 p.m.

Courts 1-4 (Court 5 is open for free play)

Thursday-Sunday, July 19-22

Hardwood Classic, Session I

Thursday - Noon-10 p.m.

Friday - 8 a.m.- 10 p.m.

Saturday - 8 a.m.-10 p.m.

Sunday - 8 a.m.-5 p.m.

NO FREE PLAY, ALL COURTS IN USE

Thursday-Saturday, July 26-29

Hardwood Classic, Session II

Thursday - Noon-10 p.m.

Friday - 8 a.m.- 10 p.m.

Saturday - 8 a.m.-10 p.m.

Sunday - 8 a.m.-5 p.m.

NO FREE PLAY, ALL COURTS IN USE

All times and court usage could change up to two weeks prior to the event.

Live a healthy, active lifestyle.

This is a monthly SPL update for those who have signed up on the City of Lawrence subscription page, as well as those who have registered with Parks and Recreation, receiving a key card for SPL for public access.

With tournaments and programs scheduled throughout the year, it is always a good thing to check with the front desk about information on free play availability on the courts and turf field.

FREE PLAY AT OTHER FACILITIES DURING TOURNAMENTS JULY 19-22 AND JULY 26-29

The following is the free play schedules at other LPRD facilities when tournaments take all courts at SPL:

Community Building, 115 W. 11th St.

Thursday, July 19 - 10 a.m.-5 p.m.

Friday, July 20 - 1-5 p.m.

Saturday, July 21 - 10 a.m.-5 p.m.

Sunday, July 22 - Noon-6 p.m.

Thursday, July 26 - 10 a.m.-5 p.m.

Friday, July 27 - 1-5 p.m.

Saturday, July 28 - 10 a.m.-6 p.m.

Sunday, July 29 - Noon-6 p.m.

East Lawrence Recreation Center, 1245 E. 15th St.

Thursday, July 19 - 4-9 p.m.

Friday, July 20 - 4-9 p.m.

Saturday, July 21 - 10 a.m.-6 p.m.

Sunday, July 22 - Noon-6 p.m.

Thursday, July 26 - 4-9 p.m.

Friday, July 27 - 4-9 p.m.

Saturday, July 28 - 10 a.m.-6 p.m.

Sunday, July 29 - Noon-6 p.m.

Holcom Park Recreation Center, 2700 W. 27th St.

Thursday, July 19 - 12:30-5 p.m.

Friday, July 20 - 11:30 a.m.-9 p.m.

Saturday, July 21 - 10 a.m.-6 p.m.

Sunday, July 22 - 1-6 p.m.

Thursday, July 26 - 12:30-5 p.m.

Friday, July 27 - 11:30 a.m.-9 p.m.

Saturday, July 28 - 10 a.m.-6 p.m.

Sunday, July 29 - 1-6 p.m.

FROM THE SANDBAR

We had a wonderful basketball tournament season this past spring at the Sport Pavilion of Lawrence. We have met a lot of new great people from all around the country and got to see a lot of our friends from last year. Basketball tournaments continue through July with two big AAU events.

Some interesting observations to share:

Our menu preparation and food orders change drastically based on the specific sport. After a full year under our belt, we are learning about different types of foods most desired by guests and the events they attend.

Here are some insights:

Volleyball players like cold sandwiches, parfaits and fruit, water and sodas.

Basketball players like burgers and hot dogs and sport drinks.

Basketball players consume two times the sport drinks per capita than volleyball players!

Total number of cold beverages stay pretty much the same, no matter the weather.

Now why do you think that?

Finally, don't forget that patrons at Sports Pavilion Lawrence can get free coffee after their workout from 7:30-10:30 a.m. every Tuesday.

You are always welcomed to send thoughts and suggestions anytime at peach@thesandbar.com - The Sandbar Subs

LPRD TRAINING/INSTRUCTION POLICY

Lawrence Parks and Recreation has created a new policy, providing guidelines for personal training/instruction by non-LPRD employees. The policy states only LPRD employees, volunteers or individuals who have obtained written permission from the City of Lawrence may conduct personal training on City property. "Training" in the policy includes but is not limited to personal training, coaching, lessons, team practices or other forms of physical fitness. Breaches in the policy may lead to expulsion from LPRD facilities or permanent loss of LPRD privileges. This policy affects all facilities and parks owned by the City of Lawrence and operated by the Parks and Recreation Department.

All Sports Camp (Ages 6-12)

This year we moved the start time to 8 a.m. and added Friday! The objective of this camp is to provide an opportunity for children to learn fundamentals and skills of various sports along with playing other popular games. We will have specialized instruction for baseball, basketball and soccer from former athletes at the college level or coaches with years of experience. We will also play other popular games such as kickball, dodgeball and flag football along with others. This action-packed camp will provide a lot of activity and fun so tell your friends! ~~\$90~~ (PRICE CUT) **\$75 per child.**

Check when it's available and enroll at:

<http://lprd.org/activity?n=326250>.

Soccer Camp (Ages 6-12)

The objective of the camp is for kids to learn different soccer fundamentals and skills in an organized and safe manor. \$60 per child.

Check when it's available and enroll at:

<http://lprd.org/activity?n=326350>.

Little Kickers (Ages 2-5)

Little Kickers is designed for children two years old to four years old who enjoy running around and playing soccer. Each participant will learn basic ball skills through fun activities.

Check when it's available and enroll at:

<http://lprd.org/activity?n=326200>.

SPL PROGRAMS/CLASSES HIGHLIGHTS

Check out our full list of classes, programs and activities in the [LPRD Activities Guide](#), the [LPRD website](#) or call SPL for more information (785) 330-7355.

Youth Volleyball Camp (Ages 7-11; 12-18)

Session for 12-18 year-olds will be split into 12-14 and 15-18 based on enrollment. Sports Pavilion Lawrence and Lawrence Juniors Volleyball are teaming up to offer a volleyball camp for those that want to improve their volleyball skills in a fun, player centered environment. Whether you are a volleyball club player or play recreation, this camp is for you. Everyone will have ample opportunity to learn new skills, advance their game and meet new friends. Instructor: The camp will be run by coaches with years of experience from the club level to college level. Early bird deadline is Friday, July 13. After July 13, fee will increase by \$10 and a camp T-shirt is not guaranteed. \$100 - 7-11 and \$125 12-18.

Check when it's available and enroll at:

<http://lprd.org/activity?n=326450>.

Youth Volleyball League

League for grades 4-5 and grades 6-8. emphasis is on teaching the values of good sportsmanship, teamwork, goal setting and skill development in a fun and safe atmosphere. One-hour practices each week begin week of Aug. 20. Games played Sundays at SPL, starting Sept. 9. Fee is \$50 per participant. \$15 added after **deadline of Wednesday, July 18.**

Check when it's available and enroll at:

<http://lprd.org/activity?n=426100> (Grade 4-5)

and <http://lprd.org/activity?n=426101> (Grade 6-8).

Future Stars (Ages 3-5)

This multi-sports class will help your children improve their motor skills while providing them plenty of fun and engaging activities. Each four-week session will introduce your future star to different sports (volleyball, basketball, soccer, t-ball, football) in a safe and non-competitive atmosphere. This class will teach your children to work with others and start developing the teamwork mentality.

Check when it's available and enroll at:

<http://lprd.org/activity?n=326001>.

Junior Kickers (Ages 4-5)

Junior Kickers is designed for children four years old and five years old and will introduce basic ball skills/fakes necessary for real game applications.

Check when it's available and enroll at:

<http://lprd.org/activity?n=326200>.

Flag Football (2nd- 8th Grades)

This is a 6-on-6 league with the goal of providing a safe, fun and exciting non-contact introduction to football. The focus is to educate players and develop football skills, while emphasizing participation, teamwork, sportsmanship and safety. Practices begin the week of August 26. Cost is \$60 per child. Registration deadline is Monday, Aug. 6.

Check when it's available and enroll at:

<http://lprd.org/activity?n=326550>

DANCE/FITNESS

Line Dancing Workshop (Ages 16 & up)

6:30-9 p.m. Friday, July 6.

Unlock the mystery of Line Dancing. Learn the components of basic to intermediate dances. Dance to all types of music from Country, Swing, Pop, Latin, to Oldies and R&B. This class teaches you the basic foundation of line dancing as well as a variety of dances. No partner necessary. \$15 per person.

Enroll online at: <http://lprd.org/activity?n=314148>.

TENNIS

Tennis - Pee Wee (Ages 3-4)

This program is a thoughtful blend of tennis, fun and games, all of which are geared toward proper strokes and motor skills. Participants will learn a combination of basic motor skills for all sports. The use of shorter courts and softer balls allows for the youngest to players to enjoy success early while learning the fundamentals. \$38 per child

Enroll online at: <http://lprd.org/activity?n=319150>.

Jayhawk Development (Ages 10-17)

Our Junior Development clinics focus on proper technique and mechanics. Exposure to match and point play is introduced while continuing instruction on the fundamentals. This program is for the novice/recreational player that is looking to learn the game, as well as the player looking to improve on their fundamentals so that they can move up to our Jayhawk Academy. \$113 per child.

Enroll online at: <http://lprd.org/activity?n=319153>

CAMPS

LEGO Robotics WeDo (Ages 5 -7)

9 a.m.-noon Friday, July 20.

Build and program robots in this introductory Robotics class using the LEGO WeDo system. Learn basic programming skills, simple engineering concepts, and the names of robot components. Work in Small groups to complete several projects using tilt and motion sensors. This is a great way to prepare young robotics enthusiasts for our more advanced Robotics programs. \$45 per child.

Enroll online at: <http://lprd.org/activity?n=321174>.

Social Media

Be sure and follow us!

Facebook: [lprdk](#)s

Twitter @SPLawrenceKS

Skills Academy (Ages Kindergarten - 8th Grade)

This program is a collaboration between Lawrence Parks & Recreation Department and former KU point guard Jeff Hawkins. These skills clinics are designed to teach the fundamentals and fine points of basketball. Focus will be placed on ball handling, foot work, shooting form and the details of becoming a more all-around player. These clinics will allow young athletes to grow on portions of their game that are often times not covered in team practices. The curriculum will be designed by Coach Hawkins using the many lessons he learned from Hall of Fame coaches Roy Williams and Bill Self.

Check when it's available at: <http://lprd.org/youthsports>

Yoga Meditation Workshop (Ages 15 & up)

7-8:30 p.m. Friday, July 13.

Meditation reduces stress and increases your ability to focus and your feelings of wellbeing. We will discuss what meditation is and easy ways to start your own meditation practice. Together we'll explore methods such as sutra meditation, mantra meditation, single pointed concentration, mindfulness and guided relaxation. \$15 per person.

Enroll online at: <http://lprd.org/activity?n=315278>

Tennis - Team Red (Ages 5-8)

Students will learn the mechanics of each stroke, as well as footwork, consistency, placement and rallying skills. Enjoy the beginnings stages of competing and incorporate lots of games and fun into the mix. \$75 per child.

Enroll online at: <http://lprd.org/activity?n=319151>.

Tennis - Team Orange (Ages 7-10)

Participants will sharpen their strokes, increase their court coverage, and learn to control the pace, spin, and depth of their shots. They will compete in games and match play with a goal of tournament exposure. \$75 per child.

Enroll online at: <http://lprd.org/activity?n=319152>.



LEGO Robotics EV3 (Ages 8-12)

1-4 p.m. Friday, July 20.

Build and program robots using the new LEGO Mindstorms EV3 system! Learn about mechanical and software design, loops, conditional statements, problem solving and teamwork skills. Work in small groups, program and build your robot, and rise to the challenge. Control the robot to avoid obstacles, pickup and carry objects and play sounds.

Projects are structured so that students work in an open-ended, investigative environment while having fun. \$45 per child.

Enroll online at: <http://lprd.org/activity?n=321175>.

LEGO Introduction to STEM (Ages 5-7)

9 a.m.-Noon Friday, August 3.

Tap into your imagination with tens of thousands of LEGO! Build engineer-designed projects such as Boats, Snowmobiles, Catapults, and Merry-Go-Rounds. Then use special pieces to create your own unique design! New and returning students can explore the endless creative possibilities of the LEGO building system with the guidance of an experience Play-Well instructor. \$40 per child.

Enroll online at: <http://lprd.org/activity?n=321170>.

Gymnastics Camp (Ages 5-12)

Experience the thrill of gymnastics – bounce on the trampoline, roll over the bars, and hang by the rings. Camp is designed for participants to improve and learn new skills, increase physical fitness, and build a positive self-image. If your child loves to jump, flip, and defy gravity, this is the camp for them! \$95 per child.

Enroll online at: <http://lprd.org/activity?n=316014>.



Grossology (Ages 7 -12)

9 a.m.-4 p.m. Monday-Thursday, July23-26.

Life is full of slippery, slimy, gooey and gassy stuff! Campers will get into all of this up to their elbows as they investigate DNA, digestion, chemical reactions, electrochemical reaction and mucus, which are all part of what makes life possible.

\$230 per child.

Enroll online at: <http://lprd.org/activity?n=321166>.

LEGO STEM Challenge (Ages 8-12)

1-4 p.m. Friday, August 3.

Power on your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as Catapults, Pneumatic Cranes Arch Bridge, and Battletracks! Design and build as never before, and explore your craziest ideas in a supportive environment. An experience instructor will challenge new and returning students to engineer at the next level. \$40 per child.

Enroll online at: <http://lprd.org/activity?n=321171>.

Eureka! – The Inventors Camp (Ages 7-12)

Creative Contraption Warning!!! This is a camp designed by you-the inventor! Each day you'll be given a series of challenges which must be overcome using basic materials, simple machines, tips from world famous inventors and the most important thing of all-your mind. With a little bit of ingenuity, you'll construct catapults and forts and then lay siege, fabricate a winning Egg Drop design, construct a dancing robot and assemble a working light saber to take home. While Thomas Edison said invention is 10% inspiration and 90% perspiration, this camp is 100% fun! \$230 per child.

Enroll online at: <http://lprd.org/activity?n=321162>.

Clues, Crimes and Culprits (Ages 5-7)

9 a.m.-noon Monday-Thursday, July 16-19.

Oh NO! The Mad Science monkey is missing! Will you help us figure out where the monkey is? How he got out? And, what he is up to? Join the Mad Science crew as we gather the evidence from the crime scene, and take it back to the lab to analyze it. As the week goes on we will use chemistry, forensics science, physics, and biology to solve the crime. Blood typing, DNA examination, and pH testing are only a few of the scientific tests our young sleuths will get to participate in. \$145 per child.

Enroll online at: <http://lprd.org/activity?n=314008>.

Movie Makers (Ages 10-17)

1-4 p.m. Monday-Thursday, July 9-12.

This hands-on, interactive course will instruct students on the world of digital video design and production. Students will learn concepts that will help them become an effective director of digital video projects. Students enrolled in this course will learn how to create a wide range of movie productions even producing their very own 3D video that they can share with friends and family. \$152 per child.

Enroll online at: <http://lprd.org/activity?n=321140>.

Rock Chalk Tennis Camp (Ages 6 -18)

8 a.m.-noon Monday-Thursday, Aug. 6-9.

For beginner-intermediate tennis players interested in learning/improving skills and having a lot of fun! This camp will be a combination of drills focusing on technique, and team events where kids will learn about sportsmanship while competing in fun games. \$125 per child.

Enroll online at: <http://lprd.org/activity?n=316452>.

3D Game Design (Ages 10 -17)

1-4 p.m. Monday-Thursday, July 30-Aug 2.

Video Game Design is suggested prior to this course. This class offers an interactive look at the world of 3D Game Design.

This awesome 3D video game design course offers the chance for students to create and immerse themselves in a 3D world.

If you are looking to design professional 3D games that both look and feel just like the ones you play at home, then you don't want to miss this course. \$155 per child.

Enroll online at: <http://lprd.org/activity?n=321154>.

iGame Creators (Ages 6-10)

9:30 a.m.-noon Monday-Thursday, July 30-Aug 2.

Video Game Design is suggested prior to this course. This class offers an interactive look at the world of 3D Game Design.

This awesome 3D video game design course offers the chance for students to create and immerse themselves in a 3D world.

If you are looking to design professional 3D games that both look and feel just like the ones you play at home, then you don't want to miss this course. \$155 per child.

Enroll online at: <http://lprd.org/activity?n=321158>.

GYMNASTICS

Kids Night Out (Ages 5-7)

6-10 p.m. Select Saturdays

Need an evening without the kids? Kids Night Out gives our parents the opportunity to take a well-deserved break. Go out for a night on the town feeling confident that your little ones are safe and having the time of their lives with their favorite gymnastics teachers. This incredible evening for your children is filled with a variety of fun games and activities, and they won't want the night to end! And don't worry about food – we'll take care of that too! Participants must be potty-trained to attend. \$30 per child.

Enroll online at: <http://lprd.org/activity?n=316015>.

OPEN GYM

Gymnastics Open Gym- \$5 per child

PRESCHOOL: one year-old to five years-old (with parent)

Monday and Wednesday 9-10 a.m./ 10:15-11:15 a.m.

Saturday 11-11:45 a.m. / 12-12:45 p.m.

YOUTH six years-old to 12 years-old

Friday 7:30-9 p.m.

Sunday 4:30-6 p.m.

Administrative Office, Marketing Division

Parks and Recreation Department | City of Lawrence, KS

1141 Massachusetts St.

Lawrence, KS 66044

Office (785) 832-3450 | fax (785) 832-3459

iWeb (Ages 6-10)

9:30 a.m.-noon Monday-Thursday, July 9-12.

This class offers younger students a look at web design. Students enrolled in this course will create a website about their favorite things. This course will also teach students about internet safety as well as skills needed in the 21st century. \$102 per child.

Enroll online at: <http://lprd.org/activity?n=321159>.

Video Game Design (Ages 10-17)

9 a.m.-noon Monday-Thursday, July 16-19.

This course provides students with a fun interactive look at the world of mobile video game design and development. Students enrolled in this camp will learn the basics of video game design and produce several different interactive video games to share with their friends and family. \$177 per child.

Enroll online at: <http://lprd.org/activity?n=321141>.

iCode (Ages 6-10)

9:30 a.m.-noon Monday-Thursday, July 23-26.

This course provides students with a fun interactive look at the world of mobile video game design and development. Students enrolled in this camp will learn the basics of video game design and produce several different interactive video games to share with their friends and family. \$177 per child.

Enroll online at: <http://lprd.org/activity?n=321152>.

Young Engineers (Ages 6-10)

1-3:30 p.m. Monday-Thursday, July 16-19

Technology and innovation collide to create this course. This class looks to unlock the imagination of young engineers. This course will utilize an invention kit for the 21st century and guide students the process of building several fun, interactive creations. \$112 per child.

Enroll online at: <http://lprd.org/activity?n=321156>.

Gymnastics Birthday Parties

Looking for a place to hold your child's birthday party? We have the perfect entertainment for children three years-old to 12 years-old in our gymnastics room. Parties are offered on Saturday from 1-2:30 p.m., 3-4:30 p.m. and 5-6:30 p.m. and Sundays from 1-2:30 p.m. and 3-4:30 p.m. The first hour of fun will be in the gymnastics room with our staff doing obstacles courses, uneven bars, balance beam, parachute games and of course the pit! Wrapping up your party with the last 30 minutes in the party room for treats and presents. For more information contact Kalen Stockton at (785) 330-7372 / kstockton@lawrenceks.org. Fees: \$150 per party for up to 20 children.

SPL Standard Hours

Monday-Friday – 5:30 a.m.- 9 p.m.

Saturday – 7 a.m.- 6 p.m.

Sunday – 1 -9 p.m.

**100 Rock Chalk Lane
Lawrence KS 66049
(785) 330-7355**

