



## UPCOMING TOURNAMENTS CAMPS/SPECIAL EVENTS

### **Saturday-Sunday, Aug. 3-4**

Open Weekend and Regular Hours

Saturday - 7 a.m.-6 p.m.

Sunday - 1-9 p.m.

**All Courts Available**

### **Friday-Sunday, Aug. 10-12**

Youth Basketball Tournament

Friday - 5-10 p.m.

Saturday, 8 a.m. - 10 p.m.

Sunday - 8 a.m. - 5 p.m.

**Courts 2-8 (Court 1 is open for free play)**

### **Saturday-Sunday, Aug. 18-19**

LPRD Pickleball Tournament

Saturday - 8 a.m.- 5 p.m.

Sunday - 8 a.m.-5 p.m.

**Courts 6-8 (Court 1, 2, 3 are open for free play)**

### **Saturday-Sunday, Aug. 25-26**

Open Weekend and Regular Hours

Saturday - 7 a.m.-6 p.m.

Sunday - 1-9 p.m.

**All Courts Available**

*All times and court usage could change up to two weeks prior to the event.*

This is a monthly SPL update for those who have signed up on the City of Lawrence subscription page, as well as those who have registered with Parks and Recreation, receiving a key card for SPL for public access.

With tournaments and programs scheduled throughout the year, it is always a good thing to check with the front desk about information on free play availability on the courts and turf field.

## LOOKING FOR A PART-TIME JOB?

**LPRD is looking for friendly, bright, energetic, fun-loving people to join our team!**

### **Youth Basketball Officiating and Score Keeping**

LPRD is currently looking for Youth Basketball Officials and Score Keepers. Applicants must be at least 16 years of age. Must be very dependable, be knowledgeable of the rules, and have some basketball background and experience either as a player or official. Applicant must be available to work evenings, Sunday thru Thursday and/or Saturday mornings (Rec. Leagues). Competitive League play begins in November. Recreational games begin in October. Pay: \$12 - \$25 per game officiating depending on experience and league assigned to work, \$10 per game score keeping. If you are interested and would like additional information, please contact the Youth Sports Office at 330-7362, or drop by Sports Pavilion Lawrence 100 Rock Chalk Ln. Applications are available at Sports Pavilion Lawrence or contact Alex Husbenet at [ahusbenet@lawrenceks.org](mailto:ahusbenet@lawrenceks.org) or (785) 330-7355.

**As well as a number of other positions listed at: [the City of Lawrence Website](#)**



## FROM THE SANDBAR

Come stop by Sandbar Subs on your next visit to the Sports Pavilion! Our hours are 3:30pm to 8pm Monday thru Thursday. Friday, Saturday, Sunday hours vary depending on activity.

Place an order on your way in and take dinner home for yourself or the whole family. Our menu includes salads, fresh fruit, wraps, chicken sandwiches, burgers, and a variety of snacks. We also have your favorite cold drinks; pop, Gatorade, milk, water, juice, energy drinks.

Look for our weekly specials! We will be featuring items from Optimal Living. This weekend we will have Paleo chicken salad, cookie dough power balls, and peanut butter power balls. Stop by and check it out!

## SPL PROGRAMS/CLASSES HIGHLIGHTS

Check out our full list of classes, programs and activities in the [LPRD Activities Guide](#), the [LPRD website](#) or call SPL for more information (785) 330-7355.

### Youth Volleyball League

League for grades 4-5 and grades 6-8. emphasis is on teaching the values of good sportsmanship, teamwork, goal setting and skill development in a fun and safe atmosphere. One-hour practices each week begin week of Aug. 20. Games played Sundays at SPL, starting Sept. 9. Fee is \$50 per participant. \$15 added after **deadline of Wednesday, July 18.**

**Check when it's available and enroll at:**

<http://lprd.org/activity?n=426100> (Grade 4-5)

and <http://lprd.org/activity?n=426101> (Grade 6-8).

### All Sports Camp (Ages 6-12)

This year we moved the start time to 8 a.m. and added Friday! The objective of this camp is to provide an opportunity for children to learn fundamentals and skills of various sports along with playing other popular games. We will have specialized instruction for baseball, basketball and soccer from former athletes at the college level or coaches with years of experience. We will also play other popular games such as kickball, dodgeball and flag football along with others. This action-packed camp will provide a lot of activity and fun so tell your friends! ~~\$90~~ **(PRICE CUT) \$75 per child.**

**Check when it's available and enroll at:**

<http://lprd.org/activity?n=326250>.

### Little Kickers (Ages 2-5)

Little Kickers is designed for children two years old to four years old who enjoy running around and playing soccer. Each participant will learn basic ball skills through fun activities.

**Check when it's available and enroll at:**

<http://lprd.org/activity?n=326200>.

### Junior Kickers (Ages 4-5)

Junior Kickers is designed for children four years old and five years old and will introduce basic ball skills/fakes necessary for real game applications.

**Check when it's available and enroll at:**

<http://lprd.org/activity?n=326200>.

## LPRD TRAINING/INSTRUCTION POLICY

Lawrence Parks and Recreation has created a new policy, providing guidelines for personal training/instruction by non-LPRD employees. The policy states only LPRD employees, volunteers or individuals who have obtained written permission from the City of Lawrence may conduct personal training on City property. "Training" in the policy includes but is not limited to personal training, coaching, lessons, team practices or other forms of physical fitness. Breaches in the policy may lead to expulsion from LPRD facilities or permanent loss of LPRD privileges. This policy affects all facilities and parks owned by the City of Lawrence and operated by the Parks and Recreation Department.

### Skills Academy (Ages Kindergarten - 8th Grade)

This program is a collaboration between Lawrence Parks & Recreation Department and former KU point guard Jeff Hawkins. These skills clinics are designed to teach the fundamentals and fine points of basketball. Focus will be placed on ball handling, foot work, shooting form and the details of becoming a more all-around player. These clinics will allow young athletes to grow on portions of their game that are often times not covered in team practices. The curriculum will be designed by Coach Hawkins using the many lessons he learned from Hall of Fame coaches Roy Williams and Bill Self.

**Check when it's available at:** <http://lprd.org/youthsports>

### Future Stars (Ages 3-5)

This multi-sports class will help your children improve their motor skills while providing them plenty of fun and engaging activities. Each four-week session will introduce your future star to different sports (volleyball, basketball, soccer, t-ball, football) in a safe and non-competitive atmosphere. This class will teach your children to work with others and start developing the teamwork mentality.

**Check when it's available and enroll at:**

<http://lprd.org/activity?n=326001>.

### Hoopsters (Competitive Basketball League)

Open to those in kindergarten through eighth grade boys and girls. Registration Deadline: Thursday, Sept. 6. Practices begin the week of Monday, Oct. 15. Teams and leagues will be formed by current grade level and the school the child attends. Games for those in kindergarten through fourth grade will be held Saturdays, Oct. 27–Dec. 8 (no games on Thanksgiving weekend). Games for those in fifth grade through eighth grade will be held Sundays, Oct. 28 – Dec. 9 (no games on Thanksgiving weekend). For more information, please contact Alex Husbenet at [ahusbenet@lawrenceks.org](mailto:ahusbenet@lawrenceks.org) or (785) 330-7355.

### Hoopsters (Competitive Basketball League)

Second grade through seventh grade - both boys and girls – Team entry. Registration deadline is Thursday, Sept. 6 or first eight teams per grade division. Practices will begin the week of Monday, Nov. 5, with games, beginning the week of Monday, Nov. 26, and will run through no later than Thursday, March 7. If you have an interested team or would like more information, please contact the Youth Sports Office at (785) 330-7362.

## CAMPS

### INTRODUCTION TO STEM LEGO (Ages 5 -7)

**9 a.m.-noon Friday, Aug 3.**

Tap into your imagination with tens of thousands of LEGO! Build engineer-designed projects such as Boats, Snowmobiles, Catapults, and Merry-Go-Rounds. Then use special pieces to create your own unique design! New and returning students can explore the endless creative possibilities of the LEGO building system with the guidance of an experienced Play-Well instructor. \$40 per child.

**Enroll online at: <http://lprd.org/activity?n=321170>.**

### Rock Chalk Tennis Camp (Ages 6-18)

**8a.m.-noon Monday-Thursday, Aug 6-9.**

For beginner-intermediate tennis players interested in learning/improving skills and having a lot of fun! This camp will be a combination of drills focusing on technique, and team events where kids will learn about sportsmanship while competing in fun games. \$125 per child.

**Enroll online at: <http://lprd.org/activity?n=319452>.**

### Gymnastics Camp (Ages 5-12)

Experience the thrill of gymnastics – bounce on the trampoline, roll over the bars, and hang by the rings. Camp is designed for participants to improve and learn new skills, increase physical fitness, and build a positive self-image. If your child loves to jump, flip, and defy gravity, this is the camp for them! \$95 per child.

**Enroll online at: <http://lprd.org/activity?n=316014>.**

## GYMNASTICS

### Kids Night Out (Ages 5-7)

**6-10 p.m. Select Saturdays**

Need an evening without the kids? Kids Night Out gives our parents the opportunity to take a well-deserved break. Go out for a night on the town feeling confident that your little ones are safe and having the time of their lives with their favorite gymnastics teachers. This incredible evening for your children is filled with a variety of fun games and activities, and they won't want the night to end! And don't worry about food – we'll take care of that too! Participants must be potty-trained to attend. \$30 per child.

**Enroll online at: <http://lprd.org/activity?n=316015>.**

### OPEN GYM

**Gymnastics Open Gym- \$5 per child**

**PRESCHOOL:** one year-old to five years-old (with parent)

Monday and Wednesday 9-10 a.m./ 10:15-11:15 a.m.

Saturday 11-11:45 a.m. / 12-12:45 p.m.

**YOUTH** six years-old to 12 years-old

Friday 7:30-9 p.m.

Sunday 4:30-6 p.m.

### SPL Standard Hours

**Monday-Friday – 5:30 a.m.- 9 p.m.**

**Saturday – 7 a.m.- 6 p.m.**

**Sunday – 1 -9 p.m.**

100 Rock Chalk Lane  
Lawrence KS 66049  
(785) 330-7355



**SPORTS PAVILION  
LAWRENCE**  
Presented by Lawrence Memorial Hospital

## DANCE/FITNESS

### Friday Night Funkadelic w/Mea Austin (Ages 18 and up)

**6:30-8 p.m. Friday, Aug. 10.**

Start your weekend with a girls night out! This is not your typical fitness class – club lights and thumpin' music make it feel like a straight up party! Channel your inner Beyoncé, drop it like it's hot, and shake your booty to burn some serious calories. Can't dance? Who cares, the lights are low so grab your girlfriends and hit the dance floor! \$10 per person.

**Enroll online at: <http://lprd.org/activity?n=315100>.**

### Night Club Sway Workshop (Ages 16 and up)

**6:30-9 p.m. Friday, Aug. 17.**

Tired of doing the high school waddle when you and your partner slow dance? Learn the Ultimate Slow Dance, Night Club Sway. Learn the basics and fundamental moves that allow you to move smoothly, fluidly, and with style and grace on the dance floor. \$15 per person.

**Enroll online at: <http://lprd.org/activity?n=314148>.**

### KPW Demo w/Mea Austin (Ages 15 and up)

**6:30-7:10 p.m. Tuesday, Aug. 14.**

Come join us for a free demo class of KPW (Kickboxing, Pilates, Weights)! KPW training delivers a dynamic, full-body, 40-minute workout consisting of HIIT (high intensity interval training), interval training, strength training, and core work to maximize results. Workout with music that motivates. Bring a mat to class. Held in the Legacy Room. No need to enroll, just come join in!

### Oxygen Demo w/Mea Austin (Ages 15 and up)

**11:15 a.m.-noon Saturday, Aug. 18.**

Come join us for a free demo class of Oxygen! This infusion of Yoga, Pilates, and Ballet will tone your core and elongate muscles. Deep breathing oxygenates your muscles and soothes your mind. A dark room with soft lighting creates a peaceful, calming environment. This class is designed to eliminate stress and increase flexibility, balance, and strength. Modifications are made for beginners while challenging movements are offered for the experienced. Bring a yoga mat to class. Held in the Legacy Room. No need to enroll, just come join in!

### Gymnastics Birthday Parties

Looking for a place to hold your child's birthday party? We have the perfect entertainment for children three years-old to 12 years-old in our gymnastics room. Parties are offered on Saturday from 1-2:30 p.m., 3-4:30 p.m. and 5-6:30 p.m. and Sundays from 1-2:30 p.m. and 3-4:30 p.m. The first hour of fun will be in the gymnastics room with our staff doing obstacles courses, uneven bars, balance beam, parachute games and of course the pit! Wrapping up your party with the last 30 minutes in the party room for treats and presents. For more information contact Kalen Stockton at (785) 330-7372 / kstockton@lawrenceks.org. Fees: \$150 per party for up to 20 children.

**Administrative Office, Marketing Division  
Parks and Recreation Department | City of Lawrence, KS**

**1141 Massachusetts St.**

**Lawrence, KS 66044**

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