

# LAWRENCE DOUGLAS COUNTY ADVOCACY COUNCIL ON AGING

Arbor Court, 1510 St Andrews Drive, Lawrence, KS 66047

Minutes of February 19, 2019

**Attending:** Mary Johnson, Tracy Harmon (Arbor Court), Michele Dillon (JAAA), Katie Whitenight (CVL), Shannon Hodges (Project Lively), Ellen Paulsen, Grant Lambert (Morningstar Homes), Nicole Stanley (PACE), John White (PACE), Kisha Steinegar (Care Patrol), Melissa Williams (Midland), Tamara Cash, Brenda Nunez Guest speaker: Tamara Baker, Director Gerontology Dept, KU

Mary welcomed all attendees to the meeting. She then introduced Tamara Baker, the speaker for the day:

Tamara Baker, Director of Gerontology, Univ of Kansas She is also a professor of Psychology, and earned a MS from Norfolk State and PHD from Pen State.

- Tamara is the director of a small PhD program. There is no undergrad program, but there is a dual title program.
- She teaches a course in psychology of aging and looks for donors for scholarship, and fellowships.
- Research – into the health disparity – certain groups not being treated the same when it comes to pain management. Other research looks into the background of a person rather than the whole population.

The group discussed getting people to talk about who they are. The Senior Center has produced videos and Arbor Court features a Resident of the Month.

Ms. Baker asked if Arbor Court residents could come and be interviewed by the students. Katie mentioned that last year Community Village Lawrence held a gathering at the library with story writing as the focus.

Additional discussions-

- How can we provide more community activities?
- The county sponsors scholarships
- Students are working with the S chip program

Suggestions for future programs and speakers for this group.

- Sen Tom Holland to talk about his legislation
- Megan Poindexter as the new Exec Director at the Senior Resource Center
- Sheldon Weisgrau on Healthcare legislation
- Mitzi McFatrigh of Kansas for Better Care
- Candidates for City Commission (a summer-fall event)

The next meeting will be March 19th at 11:30 for eat and greet so bring your lunch and visit.

NOTE: we will be meeting at **ARBOR COURT located at 15<sup>th</sup> and Kasold Drive.**

March speaker: Sgt. Kristin Channel, Douglas County Sheriff's Department

She has some great information on community programs and help for seniors.

See you there.

Respectfully submitted, Mary Johnson, Secretary

**Breakout groups:**

**Transportation** – Brenda, MaryJ, Ellen, Dawn

**Caregiving** – Michele D, Tamara, Judy

**Affordable Housing** – Tamara, Brenda, Dawn