

### **LPRD/Kansas School of Gymnastics Team**

The 2016-17 Kansas School of Gymnastics (KSG) competitive season was one for the record books! Over the course of the 12-month season and maintaining a busy practice schedule, the girls learned and retained new skills and complicated choreography. The 21 team-athletes competed with the United States of America Gymnastics (USAG) instead of Xcel, which placed the gymnasts on a more competitive path. They had to adjust to a new style of competition, learn new routines and refine their skills, but the girls handled it all with complete grace.

KSG competed at numerous USAG sanctioned meets, including state championships for the upper levels, which required a qualifying score. Many trophies and banners were added to our inventory this year.

The effort, determination and perseverance by all of the girls helped them end the season on a high note. They all made great improvements and their enthusiasm to strive to be better athletes was proven through the results of the season.

The Parks and Recreation Department's recreational gymnastics program is a feeder into our competitive team program, which allows younger gymnasts see the potential of being on a gymnastics team and strive to reach their personal goals.

