



MINUTES

Governing Board of Directors
Tuesday, March 29, 2016

Directors Present: Cindy Maude Elizabeth Sheils Don Grosdidier
 Steve Glass David Johnson Brad Burnside
 Reed Dillon Jane Fevurly

Directors Absent: Ken McGovern Barbara Ballard Bob Morse
 Sue Hack

Staff Present: Pat Roach Smith, Chief Operations Officer
 Cindy Hart, Development Director
 Tracy Kihm, Finance Director
 Juliet Nelson, IOP/DBT Team Leader
 Leah Hansen, Executive Assistant (Minutes)

I Cindy Maude called the meeting to order.

II Public Comment: None.

III Consent Agenda: The Consent Agenda included January 26, 2016 Minutes, Financials and CEO Report

STEVE GLASS MOVED TO APPROVE THE CONSENT AGENDA; REED DILLON SECONDED THE MOTION. MOTION CARRIED.

Financials: Tracy provided the December 2015 and February 2016 Income Statements and Balance Sheets at the meeting today. In-kind revenue for the Douglas County health insurance subsidy and the rent free use of the city/county building, utilities and cleaning services is now being booked monthly instead of once a year during the annual audit. The KU student senate approved the \$1.60 earmarked for services for students receiving services at Bert Nash that are not fully covered by their insurance. The upload issue in Financial Edge has been fixed. Information will be uploaded one week at a time going forth.

CEO Report: David reported that the CEO report is self- explanatory. Amidst the remarkable political situation, we are an area that congress is actually getting along. We are being looked upon at the success we had in our health home. Unfortunately, the nation continues to move in one direction while we move in another.

IV Review & Comment: *Dialectical Behavior Therapy (Juliet Nelson: IOP/DBT Team Leader):* Juliet Nelson, PhD LCP, IOP/DBT Team Leader at Bert Nash spoke to the board today about Dialectical Behavior Therapy (DBT). DBT is a type of psychotherapy that was created by Dr. Marsha Linehan, an American psychologist and author. DBT was created to work with people who have borderline personality disorders. DBT combines behavioral science with

concepts like acceptance and mindfulness. Over 250 active clients learned the components of this program at BNC last year. Clients are referred to DBT through hospitals, in house or during an intake. Juliet offers 8 week DBT training to Bert Nash Center staff twice per year. Sandra Shaw, former CEO was a great influence and supporter of bringing this treatment program to Bert Nash in 1994.

Update: Health Connections/Crisis Facility: The funding for our Health Home stops July 1, 2016 but we will continue to maintain care coordination and skill set with our clients through case management. Program staff will be absorbed and projected revenue will be maintained. There will be a combined vote in November for the jail expansion and development of the crisis center. There are many exciting changes being proposed to the programs at the jail. The counties website includes a comprehensive study of the jail expansion. Cindy Hart will work with the county on a one page informational document that outlines the importance of the jail expansion and the crisis facility.

Benevon Orientation/Retreat: The annual Benevon Orientation/Retreat for board members will be held May 6 or May 13, 2016. A Meeting Wizard invite will be sent out this week inviting board members to confirm the date that works best for their schedule.

Review: Bylaws: Bylaws can be found in each board members board book. David asked the board to review the bylaws and be prepared to discuss additions to be added to existing bylaws such as board engagement through the Sustainable Funding Team.

Carolyn Shelton/Good Friend Award: Carolyn Shelton will be awarded a Good Friend of Bert Nash award at the annual Pioneer Celebration in April for her years of service on the Investment Advisory Committee.

V Consider for Action: *Board Member Recruitment:* Hank Booth and Lucia Orth have been recommended as candidates for the Governing Board. Kelvin Heck and Beth Stella have completed their term on the Endowment Board and will be asked to consider joining the Governing Board or become part of the Sustainable Funding Team. Brad Burnside, current Treasurer, has been chosen as incoming Chair-Elect.

STEVE GLASS MOVED TO MEET WITH THE RECOMMENDED CANDIDATES FOR GOVERNING BOARD; ELIZABETH SHEILS SECONDED THE MOTION. MOTION CARRIED.

Open Minds Strategic Plan: David is very pleased from a staff perspective on the outcome of the finalized strategic plan. A quarterly update will be provided to the board.

BRAD BURNSIDE MOVED TO ACCEPT THE STRATEGIC PLAN OUTLINED BY OPEN MINDS; JANE FEVURLY SECONDED THE MOTION. MOTION CARRIED.

JANE FEVURLY MOVED TO CANCEL THE APRIL 26, 2016 GOVERNING BOARD MEETING DUE TO ANNUAL PIONEER CELEBRATION APRIL 18, 2016; BRAD BURNSIDE SECONDED THE MOTION. MOTION CARRIED.

VI Adjourn: The meeting adjourned at 8:50 A.M.

The next Governing Board meeting will be Tuesday, May 31, 2016.