



MINUTES

Governing Board of Directors
Tuesday, January 26, 2016

Directors Present: Cindy Maude Elizabeth Sheils Don Grosdidier
 Steve Glass David Johnson Brad Burnside
 Reed Dillon Jane Fevurly

Directors Absent: Ken McGovern Barbara Ballard Bob Morse
 Sue Hack

Staff Present: Pat Roach Smith, Chief Operations Officer
 Cindy Hart, Development Director
 Tracy Kihm, Finance Director
 Leah Hansen, Executive Assistant (Minutes)

I Cindy Maude called the meeting to order.

II Public Comment: None.

III Consent Agenda: The Consent Agenda included the November 24, 2015 Minutes, December 10, 2015 Minutes (Email Vote), Revenue by Procedure (January-December), CEO Report

ELIZABETH SHEILS MOVED TO APPROVE THE CONSENT AGENDA; STEVE GLASS SECONDED THE MOTION. MOTION CARRIED.

Financials: Tracy reported that we are still experiencing problems with our new finance software. She had a conference call at 6:40 a.m. this morning and has been in communication with Blackbaud. She has requested that someone from Blackbaud meet with the board regarding the issues that remain problematic such as the upload each month from BrightEHR to the financial software. Today she shared Revenue by Procedure (January-December) and reviewed some of the procedures that significantly stood out. Tracy will add 2012 and 2013 to the chart for next month's meeting.

CEO Report: David reported that his CEO report is self- explanatory and will keep everyone updated as necessary. He recently spoke on a Leadership Lawrence Panel.

IV Review & Comment: *Update: Crisis Center/Integration HCHC:* David reported that Pat Roach Smith made the front page of the LJWorld today for her attendance at the town hall meeting last night. Treanor Architects will host workshops at Bert Nash on February 9-10 that will allow the community to provide input and make suggestions on the future development of the crisis facility. There will be stations set up and the public and staff are invited to come and go as they wish. Information from the workshop on the 9th will be considered and condensed

that evening. Findings from the workshop on the 9th will be presented at the workshop on the 10th.

Continuity of Operations Plan: Pat reported on the Continuity of Operations Plan which is updated and looked at annually. Tracy or Pat checks annually with our alternate sights should our location become inhabitable for business. The Chair and Chair Elect received a hard copy of this plan.

Consumer Report (Dialectical Behavior Therapy): Elizabeth spoke today about Dialectical Behavior Therapy (DBT), an evidence based practice and one of several therapy groups that Bert Nash offers. Elizabeth said her hope is that this therapy is incorporated into programs at the jail and taught in every high school setting. This is not a form of therapy that many other CMHC's are invested in. DBT is designed for people with borderline personality disorder. The cornerstone of the practice is a skill known as "mindfulness;" a way to calm the mind. Before class meetings each participant fills out a form known as the Dialectical Behavior Therapy Diary Card (included in materials) which helps the participant practice what he/she has learned through practical application of that skill. DBT is offered to staff at Bert Nash twice a year.

V Consider for Action: *Pioneer Award Nomination(s):* David has not formally filled out a Pioneer Award Nomination but wishes to recommend that this year's award is presented to Douglas County Law Enforcement Agencies (University of Kansas, Baldwin City, Eudora, Lawrence, Douglas County Sheriff) for their commitment to train their officers in CIT training which includes Mental Health First Aid.

BRAD BURNSIDE MOVED TO AWARD THE DOUGLAS COUNTY LAW ENFORCEMENT AGENCIES THE PIONEER AWARD; DON GROSDIDIER SECONDED THE MOTION. MOTION CARRIED.

Good Friend Award (Kathleen & Dennis Hayward): Pat Roach Smith and Ty Yoshida have nominated Kathleen & Dennis Hayward, volunteers in Medical Services to each receive a Good Friend of Bert Nash award.

STEVE GLASS MOVED TO AWRD THE GOOD FRIEND AWARD TO KATHLEEN AND DENNIS HAYWARD; JANE FEVURLY SECONDED THE MOTION. MOTION CARRIED.

Open Minds ½ day Meeting: David proposed that Open Minds return for their ½ day on site meeting for the presentation of the strategic plan to take place on Tuesday, February 23, 2016 in place of the Governing Board meeting. The meeting will start at 7:30 a.m. and will conclude at 11:30 a.m.

STEVE GLASS MOVED TO APPROVE THE ½ DAY ON SITE OPEN MINDS MEETING ON February 23, 2016 SUBJECT TO CONFIRMATION FROM OPEN MINDS CONSULTANT; ELIZABETH SHEILS SECONDED THE MOTION. MOTION CARRIED.

VI THE MEETING WENT INTO EXECUTIVE SESSION AT 8:25 A.M. THE REGULAR MEETING RECONVENED AT 8:40 A.M.

VI Adjourn: The meeting adjourned at 8:40 a.m.

The Governing Board will meet on Tuesday, February 23rd for the Open Minds presentation of the Strategic Plan. The next Governing Board meeting will be Tuesday, March 29, 2016.