

DEMO CLASSES ALLOW CITIZENS TO “TEST DRIVE” CLASSES BEFORE ENROLLING

During the first two weeks of January Parks and Recreation offered free dance and fitness demo classes for all ages: youth, adult and senior. It was the desire of the department to encourage members of the community to get fit in the New Year, providing them an opportunity to try out the different activities the department has to offer. There were 222 people who took advantage of 24 fitness classes offered, as well as 35 people participating in 20 dance classes offered for people to try out.



FUTURE TRAIL MARKS THE SPOT

John McGrew’s Outside for a Better Inside was recently awarded a matching grant from the Sunflower Foundation to construct a trail within Bert Nash property, which will be a future park named after long-time Director of Bert Nash Community Health Center Sandra J. Shaw. Bert Nash will eventually donate the property to the city once the trail is completed.

McGrew, along with friend and board member of Outside for a Better Inside Stan Roth, RD Johnson of RD Johnson Excavating, Ernie Shaw, director of Parks and Recreation, Mark Hecker, assistant director and Rowan Green, Parks and Recreation District No. 2 supervisor, recently walked the park area to determine the trail path.



The park property, currently owned by Bert Nash, will consist of 8-acres that include a large pond and hardwood forest on the former site of the Veterans of Foreign Wars post in the Pinckney neighborhood.