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October 31, 2013

Mr. David Corliss, City Manager
City of Lawrence
City Offices
Lawrence, Kansas

Dear David:

I'm writing on behalf of Outside for a Better Inside, Inc. and the Bert Nash Community Mental Health Center. We request the opportunity to be placed on the City Commission agenda at the appropriate time in the near future.

At that meeting David Johnson, CEO of Bert Nash, will offer to donate land they own to the City for a park. This land will be approximately the north half of the land purchased from the VFW that includes the pond.

I'll be there to confirm that Outside for a Better Inside has applied to the Sunflower Foundation for a trail grant and agreed to secure the matching private funds necessary to build the trail.

We hope the City will agree to naming the park the "Sandra J. Shaw Community Health Park". We'd like the trail to be named the "Outside for a Better Inside Trail". We have many letters of support for this land and trail to be part of the City's park and trail system. We'll be glad to share these letters with you.

When the City accepts this park and trail gift, we ask that it be maintained and improved in a way consistent with your policy. We believe this area can become one of our feature parks and in the future not only supported but improved by the City and its collaborators.

Thanks for your consideration.

Outside for a Better Inside

John M. McGrew

Outside for a Better Inside is partnering with the **Bert Nash Community Health Center** and the **City of Lawrence** to provide a healthy environment for our citizens. We are seeking funding from the Sunflower Foundation, of Kansas. We've agreed to secure matching funds from the Lawrence Community. Our goal is to create a system of trails in the proposed **Sandra J. Shaw Community Health Park**.

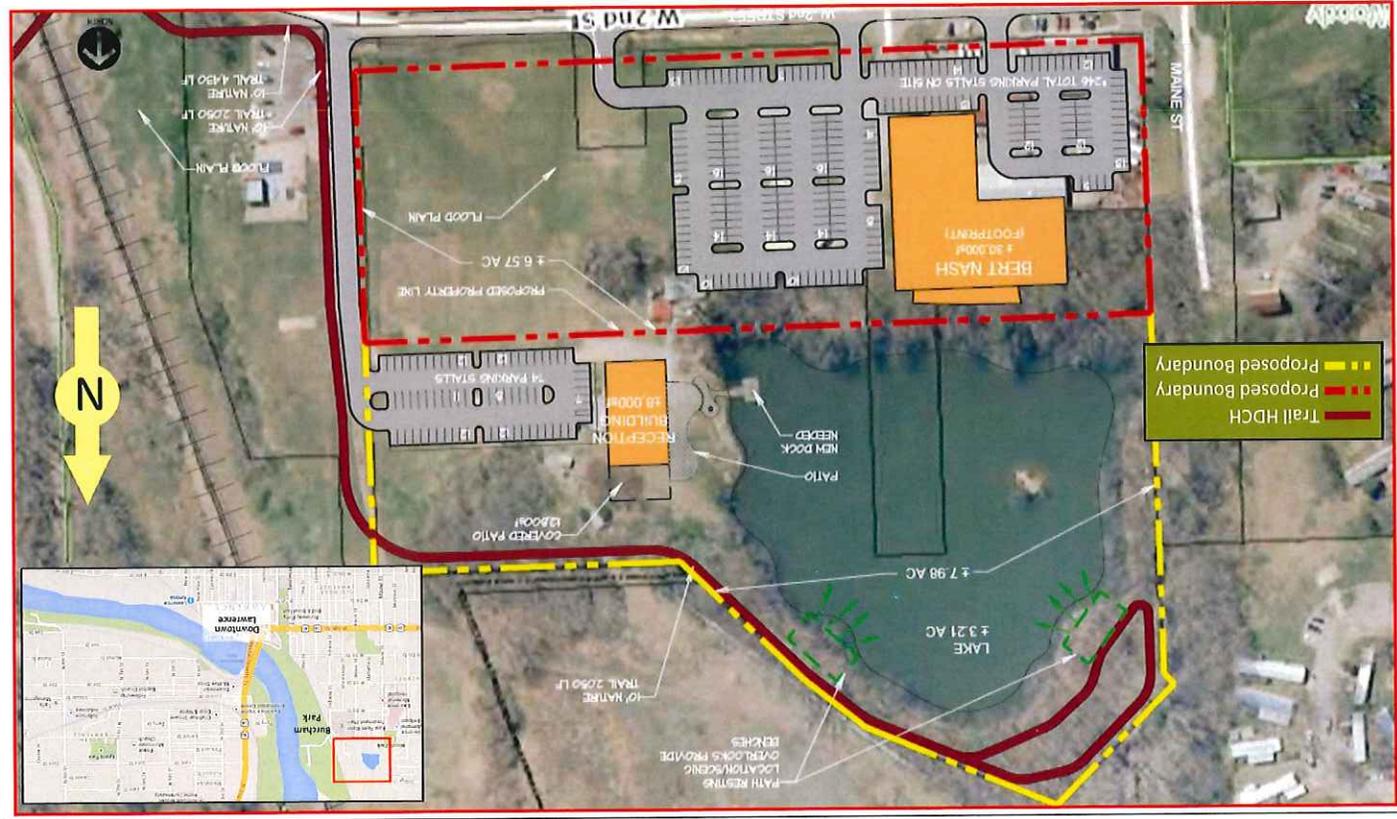
This area is one of Lawrence's most unique habitats with an interesting history. The new park is located northwest of Second and Indiana streets and is within easy walking distance of Lawrence Memorial Hospital, Bert Nash, Lawrence-Douglas County Health Department, and Burcham Park.

Outside for a Better Inside advocates believe that children who play creatively outside will be happier, healthier and smarter citizens. In this effort, our mission is to encourage the entire community to support this new trail.

Dr. Sandra Shaw, was the long-time CEO of the Bert Nash Community Mental Health Center. She worked diligently during her tenure to create and protect beautiful, accessible spaces that promote health and vitality. This park is a tribute to her dedication to building a healthy community for all.

The trail map depicts the proposed Outside for a Better Inside Trail and how it will ultimately be connected through Burcham and Constant Parks to downtown Lawrence. As advocates for a healthier, more active community, we would like to ask for your help. The Sunflower grant will provide \$55,000 toward a \$120,000 goal to build the trails, provide signage and lighting, and construct safety features.

Thank you so much for your support



Jennifer Shaw, PhD

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October 19, 2013

David E. Johnson, CEO
Bert Nash Center
200 Maine Street
Lawrence, Kansas 66044

Dear David:

We were so pleased to receive your email of September 18 with an update on the Center's plans for developing an integrated wellness campus. This laudable goal will undoubtedly require long term planning and community-wide collaboration. We appreciate you keeping us informed and trust you will let us know how we can support your efforts as the plans progress.

We were very interested to hear of the Center's more immediate plans to partner with the City of Lawrence and community organizations such as Outside for a Better Inside to develop a community trail system that ties into a park and community center at the pond recently purchased by the Center. As you know, my mother worked diligently during her tenure at the Center and with community organizations such as the Kansas Land Trust and Eco² to create and protect beautiful, accessible spaces that promote health and vitality. If she were still alive, we believe she would be enthusiastically working in support your efforts, and we are delighted about the suggestion to establish a park in her memory. We gratefully offer two suggestions as a name for the park, including the "Sandra J. Shaw Nature Park" and the "Sandra J. Shaw Community Health Park". We offer the second name suggestion as a tribute to her dedication to building a healthy community for all. We understand an ADA accessible trail may be built through the proposed park. We would support this priority and suggest that this trail be named the "Outside for a Better Inside Trail."

David, thank you for including us in the planning for this wonderful project, and please do keep us informed as things progress about how we can support the effort.

Warm regards,

Jennifer Shaw
(for Sandra's Family)