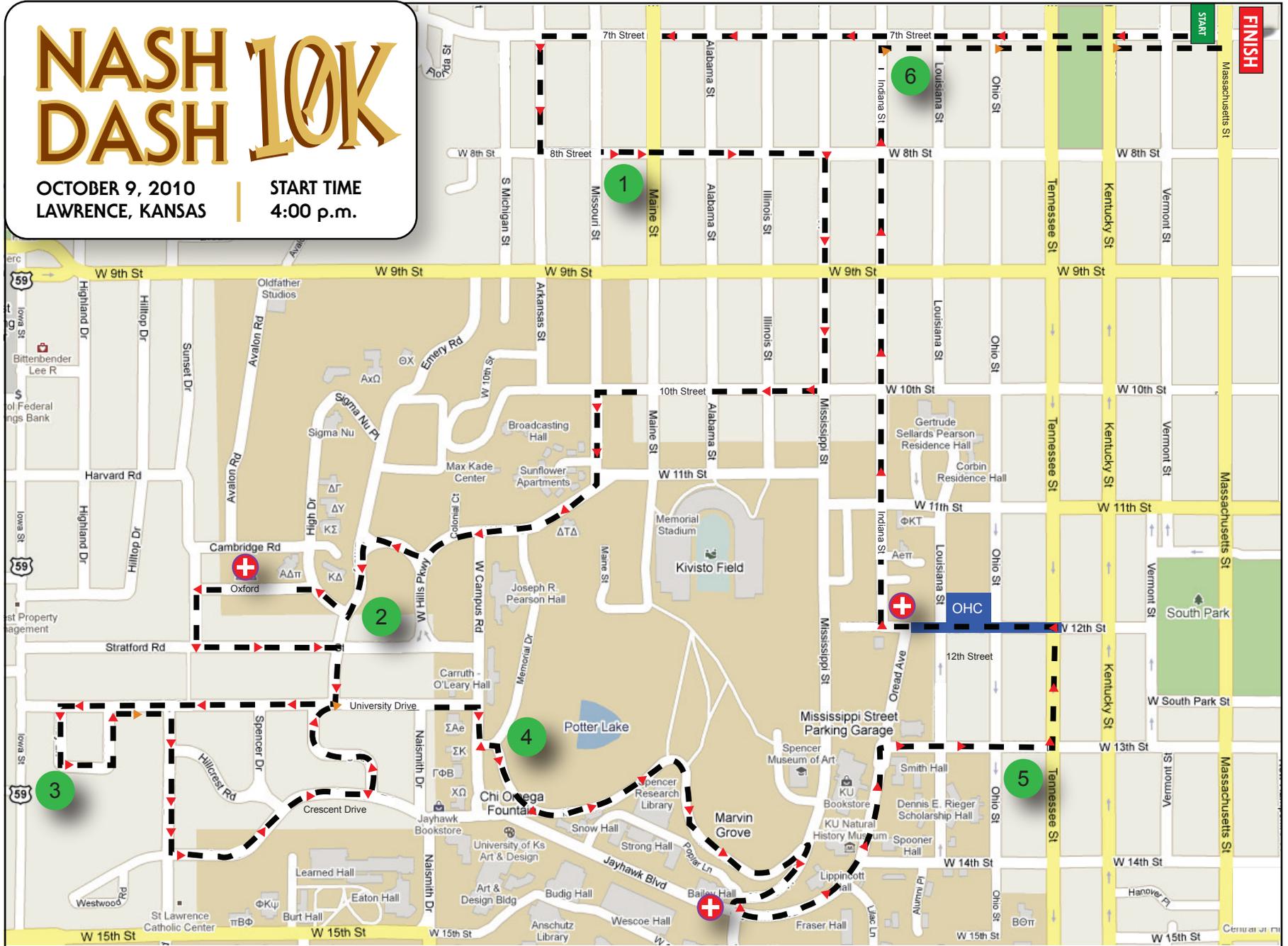


NASH DASH 10K

OCTOBER 9, 2010
LAWRENCE, KANSAS

START TIME
4:00 p.m.



● Mile Marker

⊕ Aid Station

■ Oread Hill Challenge (OHC)