

Recovery and Hope Network (RAHN), Inc.

Proposal for Use of the Former Health Care Access Building

Introduction

Chances are you've never heard of RAHN (it's pronounced "rain", by the way). We're one of Lawrence and Douglas County's best-kept secrets. And yet we make a genuine difference in countless people's lives...occasionally even saving some of them.

So here's a brief history of what we do and why we're important.

Founded in 2004, the Recovery and Hope Network (RAHN), Inc. is a local nonprofit serving adults with severe and persistent mental illness (SPMI) in Douglas County. These include people living with bipolar disorder, schizophrenia, post traumatic stress disorder and major depression/anxiety...people whose mental illness has resulted in functional impairments that have substantially interfered with or limited one or more major life activities. According to figures from Bert Nash, there are currently an estimated 2,500 people living with an SPMI in Douglas County, and we help an ever-increasing number of them.

We work closely with agencies like Bert Nash, Independence, Inc., Communityworks, Cottonwood, the community corrections system, and the homeless shelter, as well as with local private practitioners, providing proven, highly effective mental health support services. We're primarily funded by the Kansas Department of Social and Rehabilitative Services (SRS).

RAHN is not a clinical program. It doesn't provide therapy, treatment, or case management. We don't duplicate existing services.

Rather, RAHN is what is known as a CRO...a "Consumer-Run Organization"...where the actual consumers of mental health services have a major role in determining what services RAHN provides.

We follow the principal of "Nothing about me without me" as this approach has been proven to be a major factor in recovery from severe and persistent mental illness.

To quote the Kansas SRS website,

"CRO's play a key role in providing peer support and self-help to those who experience extreme psychiatric symptoms, and are seeking ways to improve their wellness and recovery. In the ground-breaking report on mental health issued by the U.S. Surgeon General, mutual and self-help were highlighted as a proven method to help people manage and recover from the effects of their psychiatric symptoms."

< <http://www.srskansas.org/hcp/MH/MHRDmhconsumer.htm> >

CRO's in Kansas have been shown to be highly effective in diverting thousands of people from state hospitalization through the process of recovery and support.

In our case, our own consumers report greatly reduced psychiatric symptoms, relapses, and need for hospitalization, while the Kansas Department of Social and Rehabilitative Services (SRS) considers RAHN one of the strongest and most successful CROs in the entire state.

Who Does RAHN Serve?

RAHN serves adults with severe and persistent mental illness (SPMI) living in Douglas County who are actively working on recovery. By that we mean they are following their treatment plans, taking their medications, seeing their therapists and are serious about getting better. Because, yes, people can and do regularly recover from serious mental illness.

Current figures from Bert Nash and SRS estimate that there are approximately 2,500 people in Douglas County living with SPMI. RAHN serves about 10% of them, with that percent increasing all the time.

Almost all of our consumers are low-income.

Neither SRS nor Bert Nash maintains county/state figures for income. In the case of SRS, each person must be run through the database individually to determine the figures. A random sampling, though, supports the results of a survey we did recently at RAHN of approximately 15% of our consumers.

As you'll be able to see, almost all of our consumers are low income while they all fall into the low/moderate income category.

Average Annual Income:

1 in family:	\$9,156
2 in family:	\$27,512
3 or more:	N/A

of people in family:

1:	88%
2:	12%
3 or more:	0

Do you have a job?

Yes:	11%
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No (not looking): 83%
Looking: 6%

If you have a job:

Full time: 0%
Part time: 100%

Are you going to school?

Yes: 3%
No: 97%

Do you receive government financial assistance? 86%

Do you receive other government assistance? 89%

What Does RAHN Do?

RAHN provides a wide variety of activities and opportunities that have been proven over the last thirty years to successfully help people recover from severe mental illness and go on to lead full and productive lives.

These include support groups and peer-to-peer support, socialization and wellness activities, training in self-advocacy, self-help, and reduction of self-stigma, leadership and volunteer opportunities...plus educating the community at large that mental illness is just that...an illness. One that can be treated successfully. Not something that should be feared.

Our support groups include Pathways to Recovery (developed at the KU School of Social Welfare), Common Ground, Dual Diagnosis (for people recovery from mental illness and addiction), and W.R.A.P. (wellness and recovery action planning). Our peer-to-peer support is ongoing and is shared by the consumers themselves as they offer support to other members and help them on their path to recovery.

Our training in self-advocacy helps our consumers become active partners in their treatment, working with their therapists, doctors and case managers to determine the best course of action for them, as individuals, rather than believing they have no power over their illness or the mental health care system. As mentioned before, we follow the principal of "Nothing about me without me" as this approach has long been proven to be a major factor in recovery.

We also provide numerous leadership and volunteer opportunities to help people feel positive about themselves and their prospects for recovery, thereby reducing the self-stigma, learned helplessness and loss of self-esteem that often come as the result of having a mental illness. Eliminating feelings of negative self-worth is essential to recovery, and significantly reduces the chances of relapse.

These leadership and volunteer opportunities include things like serving on the RAHN board of directors, leading support groups, and making public presentations as well as volunteering in the community, e.g. helping with ECKAN/ Just Foods and helping with the Black Jack Battlefield park cleanups.

Yet another part of our evidence-based support services are socialization and wellness activities. These include ongoing RAHN-based activities (e.g. cards and games, healthy-eating cooking classes, and exercise workshops) as well as planned 'special events' both in Lawrence and out-of-town that cover a wide variety of interests, including sports, the arts & culture, history, and the outdoors.

Why are socialization and wellness activities important? Because so many people with an SPMI tend to self-isolate...and self-isolation is one of the worst things anyone can do when living with a serious mental illness. Self-isolation leads to depression, self-stigma, suicidal thoughts, hospitalization and, sadly, sometimes death.

As a result, getting people interested in "doing something"...providing them with reasons and opportunities to leave their homes, to participate in life like "normal" people...is a proven integral part of recovery.

Indeed, in a survey this past year, 92% of our consumers reported that RAHN was a primary factor in keeping them from needing to be hospitalized for their mental illness. We are incredibly proud of that degree of success.

Our Proposal for 1920 Moodie Road

The Recovery and Hope Network (RAHN), Inc. proposes to pay \$1,000 a month rent for the old HCA building at 1920 Moodie Road as well as pay for all utilities. We would also pay the first \$750 annually for building maintenance and repairs, with the exception of structural repairs to the building, e.g. roof repairs, replacing window frames, which would be the City's responsibility. (Minor items such as replacing light bulbs would not be charged against that \$750.)

RAHN would be responsible, with City approval, for all renovations to the property made to meet our needs.

The City would be responsible for lawn mowing and snow removal, as well as repairs to the parking lot. It would also be responsible for external painting.

The City would also provide standard insurance on the building, e.g. fire insurance.

As we currently do, RAHN would provide and maintain \$1,000,000 in liability insurance as well as indemnify the City against liability unless the City was, in fact, responsible for damages.

(Note: RAHN is also willing to negotiate portions of this proposal if needed.)

Proposed Use of the Property

Our goal is to move our entire operation from our current downtown location at Berkeley Plaza, 1009 New Hampshire to the old Health Care Access building. The new location would provide us with sufficient space for our support groups, large and small scale consumer activities, confidential meeting space, a kitchen, and office space as well as room for growth.

When we moved to our current location in October 2006, we served 33 people. Once we hit 100, we became standing room only for certain activities, so expanded into the next unit, doubling our size.

Now we serve over 200 people and are still growing, practically daily, so we're definitely going to need additional space in the near future in order to manage the ever-increasing number of consumers attending daily or weekly.

But, even more important than room for growth, the HCA location would also provide us with a 100% ADA-accessible site.

Our current location is not ADA-compliant, nor is there any way to make it compliant. So there is no way for any of our consumers who use wheelchairs to access all our services, since there's no way for them to get to our second floor.

This is simply not acceptable.

It's not acceptable even if we weren't growing. But we are. And, as we grow, the number of our consumers with physical disabilities also grows.

Indeed, Independence, Inc. has just arranged for us to purchase one of their older lift buses for a nominal sum so that we can at least take our consumers who use wheelchairs to all our activities. We couldn't even do that before. And that was not acceptable, either.

Currently we're talking to Macelli's in hopes of being able to park the bus in their parking lot as there's rarely sufficient room for us to park it in the Berkeley Plaza parking lot. The existing HCA parking area would allow us to park our donated 7 passenger van as well as our wheelchair lift bus. As an aside, most of our consumers don't drive, so we don't need lots of additional parking.

As far as particular physical plans go, we would like to make some internal changes to the building, depending on City approval.

Basically we want to remove some of the non-supporting walls that currently form small examination rooms so as to create larger spaces to accommodate support groups, activities and events, and training as well as an exercise room, a computer lab (more important now that Independence, Inc. was forced to shut theirs down), and an enlarged kitchen area for our healthy eating cooking classes.

While our current downtown space covers 2 units, it consists of a total of three rooms, 2 loft areas, and 2 kitchens. It's certainly not well-designed for our needs. With a relatively minor amount of work, paid for by RAHN, we can revamp the space at the HCA site to far better meet our needs.

We'd also like to have a picnic table outside and, if allowed, would like to have a small garden.

While we like our very expensive downtown location since it's located near to the central "T" hub, moving to the HCA building would actually move us closer to many of our consumers as well as to resources they also utilize.

These would include Independence, Inc., SRS, DCCCA Outpatient, and CLO as well as the new homeless shelter and the Douglas County Jail.

In addition, the "T" route runs right by the building on the way to Independence, Inc. so we wouldn't have to argue for a new bus route.

Financial Information

RAHN has two part-time staff and operates with a budget of \$74,000, with SRS as our primary funder (\$66,200 in FY10). Our largest fundraiser is running the funnel cake booth at the KC Renaissance Festival.

We have \$28,921 budgeted for salaries and fringe. Our part time director is paid \$12 an hour while our part time activities coordinator is paid \$10 an hour. We provide no benefits.

Our largest expense is rent. We pay \$2,400 a month rent for our current location, not including utilities (approximately \$5,800 annually). That's \$28,800 a year, or 44% of our SRS funding. And that doesn't include utilities. Plus there's a rent increase coming up in July. Both growth-wise and financially it doesn't make sense for us to remain in our current location for the long term.

If we could rent the HCA building for \$1,000 a month, that would free up \$1,400 a month (or \$16,800 annually) to be spent on consumer services. For example, many of our consumers have asked us to be open later in the evening but we don't have the staffing.

Now that Independence, Inc has had to close down their computer learning center, there's no place in Lawrence for people with disabilities to learn computer skills unless they qualify for Voc Rehab funding...and that waiting list for that is quite long. Several of our consumers have volunteered to teach workshops if only we had the space.

As we've grown, there have been times we can't include everyone on an excursion because we've only received a limited number of donated tickets. This could eliminate that problem.

The savings in one month would pay for our lift bus insurance for a year. We could also create a contingency fund for unexpected expenses such as vehicle repairs. Currently we are not able to set aside any noticeable amount of money.

We are quite good at making sound financial decisions based on what we have. Frankly, we've had to simply for because we don't have a lot of money. In addition, we are required to file monthly financial reports with SRS and, as our support letter from them states, we have demonstrated sound fiscal management since our inception.

We've attached our last SRS financial report as well as the most recent YTD P&L comparison so you can get a sense of how we handle our finances. If there's anything else you need, please don't hesitate to ask.

Conclusion

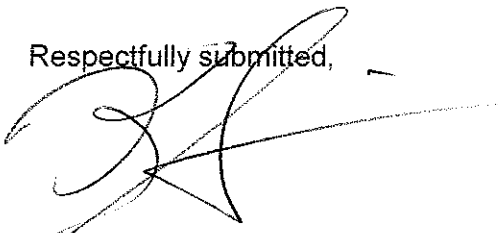
We hope we've both demonstrated the value of RAHN to the community and convinced you that allowing us to rent the property would be the wisest use of that resource.

All the successful nonprofits in Lawrence...the ones who have changed countless people's lives...were small and unknown once.

Cottonwood with its 20 people at a house on Ohio Street. Independence, Inc. in the single-room office it rented from Douglas County Bank. And RAHN in a living room in south Lawrence.

Please help us continue to make a difference to the people with severe mental illness here in Lawrence and Douglas County.

Respectfully submitted,



Kendall Simmons
Planning & Development Coordinator
Recovery and Hope Network (RAHN), Inc.
1009 New Hampshire, Suites C & D
Lawrence, KS 66044
Tel: 785-856-1222
kendall@recoveryandhope.org

April 26, 2010

Dear Lawrence City Commissioners:

Please accept this as my letter of support for Recovery and Hope Network's (RAHN) request to use the former Heath Care Access facility at 1920 Moodie Rd as their future site of operations.

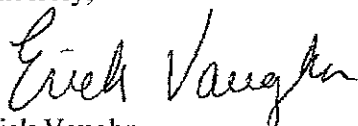
As the Mental Health Grants & Contracts Specialist in the Disability and Behavioral Health Services Division at the Kansas Department of Social and Rehabilitation Services (SRS), I have had the distinct pleasure of working with RAHN as their SRS grant manager over the past three years. I have personally witnessed RAHN's commitment and ability to work closely with area agencies to provide quality peer support services that supplement service these other agencies provide. Their ability to strategically plan with agencies including the Bert Nash Community Mental Health Center, Community Works, Independence, Inc. and Cottonwood Inc. as well as with community corrections and the local homeless shelter makes them one of the strongest and most successfully leaders in providing quality peer support services.

RAHN was founded in 2004, and since then have grown from a handful of consumers to providing support and mutual support services to well over 200 Douglas County residents suffering from mental illness, and they continue to grow. Mental health peer support programs like RAHN have proven highly successful in reducing isolation, self-stigma, hospitalization and relapse among people with severe and persistent mental illness, helping people with mental illnesses such as schizophrenia and bipolar disorder recover and lead full and productive lives.

SRS currently provides approximately 70% of RAHN's funding, and we plan to continue to do so. However, RAHN has seen some other sources of funding dry up while the number of people they serve and the level of services they provide expand. RAHN's rent on their downtown facility, which they expanded in 2009 to handle increased needs, is by far their largest expense in their SRS grant. The availability of increased building size at a dramatically lower cost would allow for their continued growth, as well as provide a fully accessible building that would allow their consumers with physical disabilities equal access to all areas of the building.

Based on their demonstrated fiscal management, program development and implementation, and community collaboration, I am confident that you will find them excellent stewards of this outstanding community resource.

Sincerely,


Erick Vaughn
Grants & Contracts Specialist



200 Maine Street, Suite A • Lawrence, KS 66044 • (785) 843-9192 • (785) 843-2219 fax • www.bertnash.org

April 28, 2010

Dear Lawrence City Commissioners:

I am writing in support of the Recovery and Hope Network's proposal to use/lease the former Health Care Access facility at 1920 Moodie Road. As Director of Adult Services for Bert Nash Community Mental Health Center I have had the opportunity to work with RAHN over the past six years. Their organization provides an important service of self help to consumers of mental health services which is separate and complementary to traditional mental health services. RAHN is one of many consumer run organizations in Kansas.

RAHN has been a leader in the Kansas mental health self-help movement since their founding in 2004. They have grown from a handful of consumers to providing support and mutual support services to well over 200 Douglas County residents suffering from mental illness and continue to grow steadily.

Mental health support programs like RAHN have proven highly successful in reducing isolation, self-stigma, hospitalization and relapse among people with severe and persistent mental illness (SPMI), helping people with mental illnesses such as schizophrenia, PTSD, and bipolar disorder recover and move on to lead full and productive lives.

RAHN works closely with our agency and we make referrals back and forth. I know with the budget cuts on the state level that it would be very helpful to them to have another facility with a reduced rent and twice the space.

I support without reservation this application from RAHN.

Sincerely,

Eunice Ruttinger, LSCSW

Director of Adult Service

Let's
talk
about
mental
health.

Seal of the City of Lawrence, Kansas
Commissioner of Public Health
Lawrence, Kansas

Independence, Inc.



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*Deputy Director/
Advocacy Coordinator*

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Director of Medicaid Services

Meghan Kinley
Development Director

April 27, 2010

Dear Lawrence City Commissioners:

This letter is to support Recovery & Hope Network, Inc.'s (RAHN) requests to occupy the former Health Care Access building located at 1920 Moodie Road.

RAHN is an excellent consumer-directed program for individuals with mental health disabilities in recovery. The organization is true to its name in that it offers individuals the opportunity to rebuild their lives through recovery while building self-esteem and hope through peer support. People with mental illness are often treated as if they have no value or worth. RAHN is a place that values people with mental health disabilities instead of disparaging them.

Since 2006, I have witnessed the growth of RAHN from a small, consumer run organization to a thriving organization with growing membership and various programs/services. Over the years, RAHN has expanded its programs to include peer groups that focus on health and recovery and a variety of activities that encourage community participation. Another unique and important feature of RAHN is that all decisions are made by the individuals served. As a member of the Independent Living Movement, I am a firm believer in the IL philosophy of "Nothing about us, without us!" RAHN represents fully this idea completely.

I have had the opportunity to work with the RAHN organization over the years. And I truly support RAHN and their expansion to Moodie Road. There are many benefits to the location for RAHN. The location will provide more space for services; excellent bus route location, and close proximity to community social services. Only positives to be found!

Sincerely,

RYW

Ranita Wilks, ILS/Peer Counseling Specialist & Youth Employment Program (YEP!) Coordinator

2001 Haskell Avenue
Lawrence, KS 66046

Office: (785) 841-0333
Toll Free: (888) 824-7277
TDD: (785) 841-1046

www.independenceinc.org

4-26-10

I am excited to share with you how important RAHN is to the consumers we serve at communityworks, and the community of Lawrence, Kansas!

RAHN is not a typical "drop in" center. People don't go to RAHN to crash. People come to RAHN to smile, to laugh, and to enjoy socializing in a non-judgmental environment. They play games, do fundraising, exercise, and go on fun outings together.

RAHN supports the community on a very small amount of money, especially considering the invaluable resource they provide for the people we serve. They are engaged in the mental health community, and have created a safe haven where people can work on their recovery from mental illness. Being a relatively new and unknown (to the community at large) non-profit, they have learned to succeed on a shoestring. In the meantime, RAHN keeps growing because consumers and mental health providers are sharing this great resource with others in need, and the word is getting around. In the last year and a half alone, the number of consumers RAHN helps has almost doubled...and is still growing! As a result, they need an affordable larger space so that everyone with a mental illness who needs support and community can find it!"

They also offer classes that help people in recovery from mental illness, such as their Wellness Recovery Action Planning. These classes encourage people to plan for their own lives, to prepare for potential emergencies, and to utilize the natural supports in their lives.

Our organization routinely suggests consumers visit RAHN for a safe place to go, to meet new friends, to develop wellness and recovery plans, and to find safe harbor. RAHN is a resource for many of the consumers we serve, and we always feel positive in recommending people stop by if they are feeling overwhelmed, and need to find a support system.

The programs that RAHN offers are as unique as the people who use them. I have witnessed hours of relaxation, and friendships being made! The folks at RAHN are inclusive, and open to people who often have no other community. The people who make up the core of RAHN ensure that new folks feel welcomed, and they are included in a community of people who care about each other!

Please consider the incredible work RAHN is doing in our community. A larger facility with lower rent would be invaluable to this amazing organization. They desperately need the community to support them, so they can continue to support the community!

Sincerely,



Natalie Donovan, Case Manager

Communityworks Inc.

1031 Vermont St. Suite D, Lawrence, KS 66044

785-856-2370 ext 334

natalied@communityworksinc.com

	Monthly	Monthly	Annual	Annual
	1009 New Hampshire	1920 Moodie Rd	1009 New Hampshire	1920 Moodie Rd
Rent	\$2,400.00	\$1,000.00	\$28,800.00	\$12,000.00
Utilities	\$485.00	\$420.00	\$5,820.00	\$5,040.00
Insurance			\$1,804.00	\$1,900.00
Repairs			\$0.00	\$750.00
Minor Maint.	\$15.00	\$25.00	\$180.00	\$300.00
Total	\$2,900.00	\$1,445.00	\$36,604.00	\$19,990.00

FINANCIAL REPORT OF GRANT ACTIVITY

Grantor Name: Recovery and Hope Network, Inc.
 FEIN: 04-2600336
 Grant Number: JPSH 00-212
 Grant Period: 07/07/09 - 06/30/10
 Grant Amount: \$66,200.00
 Grantor's Address: 1009 New Hampshire
 Address: Suite C&D
 City/State/Zip: Lawrence, Kansas 66044
 Telephone: 785-825-1232
 Fax Number: 785-855-1222

03/01/10-03/23/10

SRS GRANT EXPENSES

Expense Description	Budget	Current Period Expenses	Cumulative Expenses	Budget Balance (Budget - Cumulative)	% of Budget Spent (Cumulative / Budget)
Personal - Salaries	\$26,000.00	\$2,153.00	\$17,206.00	\$8,795.00	65.52%
Fringe	\$2,621.00	\$165.46	\$1,205.33	\$1,415.67	44.82%
Contractual	\$2,300.00	\$145.68	\$1,387.30	\$912.70	59.03%
Printing and Advertising	\$1,825.00	\$824.11	\$2,085.95	(\$260.95)	114.62%
Rent & Utilities	\$21,000.00	\$1,775.00	\$13,875.00	\$7,125.00	33.93%
Travel & Subcontract	\$2,716.00	\$0.00	\$654.85	\$1,763.15	24.11%
Fees - Accounting	\$2,875.00	\$230.00	\$735.00	\$2,140.00	27.30%
Other Contractual	\$3,098.00	\$320.50	\$1,623.95	\$1,474.05	52.38%
Supplies	\$1,113.00	\$16.87	\$3,232.09	(\$2,119.09)	188.83%
Capital Equipment	\$0.00	\$0.00	\$0.00	\$0.00	0.00%
Totals	\$66,200.00	\$5,654.72	\$44,656.52	\$21,543.48	67.43%

Check figure (Budget less 0)

REVENUE

Source of Revenue	Budget	Current Period	Cumulative
SRS Grant Funds	\$66,200.00	\$10,592.00	\$47,002.00
Totals	\$66,200.00	\$10,592.00	\$47,002.00

CASH ON HAND

Revenue Source	Cum. Rec.	Cum. Exp.	Cash
SRS Grant Funds	\$47,002.00	\$44,656.52	\$2,345.48
Totals	\$47,002.00	\$44,656.52	\$2,345.48

Check figure (Revenue less 0)

I certify that to the best of my knowledge this report is true in all aspects and that all expenses have been incurred for the purposes and conditions of this agreement.

Printed Name and Title: Randall A. Puckett, Executive Director

Signature

Date 04/06/10

12:54 PM

04/30/10

Accrual Basis

Recovery and Hope Network, Inc

Profit & Loss YTD Comparison

April 2010

	Apr 10	Jul '09 - Apr 10
Ordinary Income/Expense		
Income		
Unencumbered	0.00	0.00
Government Grant Prior Yr Reim	0.00	2,507.35
Direct Public Support		
Corporate Contributions	0.00	252.00
Individual Contributions	0.00	449.11
Total Direct Public Support	0.00	701.11
Government Grants	5,296.00	52,298.00
Honorariums	0.00	270.00
Indirect Public Support		
Bumper Stickers Sales	0.00	47.50
Dining Card Donation		
Dining Card Returned	0.00	-175.00
Total Dining Card Donation	0.00	-175.00
T-Shirts Sales		
T-Shirt Costs	0.00	16.00
T-Shirts Sales - Other	0.00	964.50
Total T-Shirts Sales	0.00	980.50
Indirect Public Support - Other	0.00	0.81
Total Indirect Public Support	0.00	853.81
Other Types of Income		
Contracted Services	0.00	7,998.52
Other Types of Income - Other	0.00	0.00
Total Other Types of Income	0.00	7,998.52
Uncategorized Income	0.00	271.86
Total Income	5,296.00	64,900.65
Expense		
Petty Cash Short/Long	0.00	29.24
Rent, Parking, Utilities		
Utilities Ste D	83.00	589.95
Utilities Ste C	170.50	3,317.07
Rent Ste D	0.00	2,975.00
Rent Ste C	0.00	1,300.00
Rent, Parking, Utilities - Other	2,420.00	15,845.00
Total Rent, Parking, Utilities	2,673.50	24,027.02
Business Expenses		
Business Registration Fees	0.00	290.00
Total Business Expenses	0.00	290.00
Contract Services		
Accounting Fees	0.00	775.00
Outside Contract Services		
Insurance		
Van Insurance (Progressive)	164.80	1,242.45
Insurance - Liability, D and O	1,804.00	2,316.80
Total Insurance	1,968.80	3,559.25
Outside Contract Services - Other	0.00	60.00
Total Outside Contract Services	1,968.80	3,619.25
Total Contract Services	1,968.80	4,394.25
Fundraising Expense	0.00	873.95
Operations		
Postage, Mailing Service	7.98	966.23
Printing and Copying	0.00	1,438.66

12:54 PM
04/30/10
Accrual Basis

Recovery and Hope Network, Inc Profit & Loss YTD Comparison April 2010

	Apr 10	Jul '09 - Apr 10
Supplies		
Office Supplies	40.96	506.63
Supplies - Other	10.25	24.80
Total Supplies	51.21	531.43
Telephone, Telecommunications,	0.00	937.93
Total Operations	59.19	3,874.25
Other Types of Expenses		
Advertising Expenses	17.21	183.39
Total Other Types of Expenses	17.21	183.39
Payroll Expenses		
Salary	1,201.00	18,041.00
Worker's Compensation	0.00	812.00
Payroll Expenses - Other	91.87	1,380.12
Total Payroll Expenses	1,292.87	20,233.12
Socialization Activities		
Program Expenses		
Incentives	0.00	309.44
Creative Supplies	0.00	75.67
Kitchen Supplies	35.52	257.38
Food	61.50	1,899.26
Tickets	105.00	1,098.39
Program Expenses - Other	0.00	30.00
Total Program Expenses	202.02	3,670.14
Socialization Activities - Other	0.00	242.75
Total Socialization Activities	202.02	3,912.89
Travel and Meetings		
Travel		
Tolls	0.00	107.80
Van Expenses		
Tags & Taxes	0.00	68.37
State Mileage Reimbursement	0.00	-333.30
Gas	0.00	549.21
Repairs & Maintenance	300.89	350.50
Total Van Expenses	300.89	634.78
Rental Car Costs		
Gas	0.00	63.26
Rental Car Costs - Other	0.00	182.52
Total Rental Car Costs	0.00	245.78
Volunteer/Staff Mileage Reimbs	65.12	254.52
Travel - Other	0.00	35.15
Total Travel	366.01	1,278.03
Travel and Meetings - Other	0.00	78.85
Total Travel and Meetings	366.01	1,356.88
Total Expense	6,579.60	59,174.99
Net Ordinary Income	-1,283.60	5,725.66
Other Income/Expense		
Other Expense		
Ask My Accountant	0.00	0.00
Total Other Expense	0.00	0.00
Net Other Income	0.00	0.00
Net Income	-1,283.60	5,725.66

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Accrual Basis

Recovery and Hope Network, Inc Profit & Loss by Class

March 2010

	Unencumbered Funds (Special Account)	Total Special Account	SRS Grant	Unclassified	TOTAL
Ordinary Income/Expense					
Income					
Unencumbered	0.00	0.00	0.00	0.00	0.00
Direct Public Support					
Corporate Contributions	252.00	252.00	0.00	0.00	252.00
Total Direct Public Support	252.00	252.00	0.00	0.00	252.00
Government Grants	0.00	0.00	10,592.00	0.00	10,592.00
Indirect Public Support					
T-Shirts Sales					
T-Shirts Sales - Other	78.50	78.50	0.00	0.00	78.50
Total T-Shirts Sales	78.50	78.50	0.00	0.00	78.50
Total Indirect Public Support	78.50	78.50	0.00	0.00	78.50
Other Types of Income					
Other Types of Income - Other	0.00	0.00	0.00	0.00	0.00
Total Other Types of Income	0.00	0.00	0.00	0.00	0.00
Uncategorized Income	252.53	252.53	0.00	0.00	252.53
Total Income	583.03	583.03	10,592.00	0.00	11,175.03
Expense					
Rent, Parking, Utilities					
Utilities Site D	84.66	84.66	0.00	0.00	84.66
Utilities Site C	153.00	153.00	83.00	0.00	236.00
Rent, Parking, Utilities - Other	1,250.00	1,250.00	1,775.00	0.00	3,025.00
Total Rent, Parking, Utilities	1,487.66	1,487.66	1,858.00	0.00	3,345.66
Contract Services					
Accounting Fees	0.00	0.00	250.00	0.00	250.00
Outside Contract Services					
Insurance					
Van Insurance (Progressive)	-155.80	-155.80	320.00	0.00	164.20
Total Insurance	-155.80	-155.80	320.00	0.00	164.20
Total Outside Contract Services	-155.80	-155.80	320.00	0.00	164.20
Total Contract Services	-155.80	-155.80	570.00	0.00	414.20
Operations					
Postage, Mailing Service	0.00	0.00	284.08	0.00	284.08
Printing and Copying	0.00	0.00	182.81	0.00	182.81
Telephone, Telecommunications	0.00	0.00	191.04	0.00	191.04
Total Operations	0.00	0.00	657.93	0.00	657.93
Other Types of Expenses					
Advertising Expenses	0.00	0.00	168.18	0.00	168.18
Total Other Types of Expenses	0.00	0.00	168.18	0.00	168.18
Payroll Expenses					
Salary	0.00	0.00	2,183.00	0.00	2,183.00
Payroll Expenses - Other	0.00	0.00	165.46	0.00	165.46
Total Payroll Expenses	0.00	0.00	2,328.46	0.00	2,328.46
Socialization Activities					
Program Expenses					
Food	0.00	0.00	16.97	0.00	16.97
Program Expenses - Other	0.00	0.00	8.13	0.00	8.13
Total Program Expenses	0.00	0.00	25.00	0.00	25.00
Total Socialization Activities	0.00	0.00	25.00	0.00	25.00
Total Expense	1,331.86	1,331.86	5,440.17	0.00	6,772.03
Net Ordinary Income	-748.83	-748.83	5,151.83	0.00	4,403.00
Net Income	-748.83	-748.83	5,151.83	0.00	4,403.00